



Breathing Love Center, LLC

BREATHING, STRETCHING, MEDITATING – YOGA
at: Bendheim Western Greenwich Civic Center
(449 Pemberwick Road, Greenwich CT 06830)

<i>Wednesdays</i>	<i>Fridays</i>	<i>Yoga in The Park</i>
<i>Room 201 - Top Floor 9:15 a.m.: Gentle Yoga (75 min)</i>	<i>Room 201 - Top Floor 8 a.m.: Gentle Yoga (60min)</i>	<i>Byram Park - Picnic Area 6:30 p.m.: Gentle Yoga (75 min)</i>
\$20 per session Or a 4 - Class card for \$70	\$20 per session Or a 4 - Class card for \$70	Weather Permitting on: June 12, 19, 26 July 10 & 17 Sept 4 & 18 \$11 per session Or 4 - Class card for \$44



For More Information

Contact Constance:
203 – 200 – 7788

yoga@breathinglovecenter.com

- *Kripalu Certified Instruction.
- * No registration required.
- * Cash accepted onsite.
- * Credit Cards accepted via PayPal.
- * No experience required & options given for all levels.