CREATE A COMMUNICATION PLAN

- Identify safe places in your home in case you must shelter in place
- Identify at least 2 routes to get out of your home in an emergency (review frequently)
- Identify a place for your family to meet in case you are separated.
- Know how to turn off the electricity and water, along with the furnace and gas valve at the appliance
- Discuss working arrangements with your employer should you need to stay home if the business has to close
- Identify someone to check on you if you live alone or have special needs
- Notify the Greenwich Department of Health at 203-618-7625 if you have a special need and require assistance
- Identify someone who can assist you with transportation needs
- Identify those who can pick up your child if you cannot and be sure to let the school know this information.
- Discuss with your children their role in emergency planning and response
- Find out where children will be sent if schools are evacuated
- Choose a place for your pet to go in case you need to leave. Remember, shelters usually do not allow pets.

Are You Ready?

During the first few hours or several days (72 hours) following a disaster, essential services may not be available to meet your family's needs. Therefore, it will be important to gather supplies you will need ahead of time. One or more of the survival kits described can be pre-assembled in a storable container and placed in a location that is easily accessible. Should you need to use it or evacuate, it will be ready. The illustration below uses a 32-gallon trash can to store emergency items.

**Emergency Kit Items**
- Extra safe deposit box key
- Cash/credit cards (coins also)
- Waterproof/windowproof matches
- First aid kit & manual
- Manual can opener
- Sleeping bags & blankets (wool/thermal)
- Non-perishable foods
- Manual flashlight / light sticks
- Baby, children & elderly items
- Pet food (dry & canned)
- Extra medications /immunization record
- Picture of pet/carrier

Suggested non-perishable food items: raisins, canned meats, juice, fruits, powdered milk, peanut butter, high energy bars

**Important Document Item Kit**
Copies of the following should be kept as a kit or stored in a safe deposit box:
- Property/vehicle papers
- List or pictures of possessions
- Appraisals: jewelry, etc.
- Prescription/social security cards
- Policies: auto, property, life
- Bank accounts, etc.
- Wills/funeral/burial papers
- Traveler’s checks & passports

**Sanitation Item Kit**
- Plastic bucket with lid
- Plastic bags/duct tape
- Disinfectant
- Improvised toilet seat
- Disposable plates/cups/eating utensils
- Toiletries
- Soap/toilet paper
- Paper towels

**Car Survival Kit**
- Maintain at least ½ tank of gas
- Battery powered radio & batteries
- First aid kit & manual
- Windshield scraper
- Bottled water
- Non-perishable foods stored in coffee can
- ABC fire extinguisher
- Compass
- Sand & shovel
- Tools / kitty litter
- Jumper cables / tow rope
- Sundry Kit (paper & utensils, etc.)
- Ear plugs / contact lenses
- Baby, children & elderly items
- First aid kit & manual
- Heavy string
- Small splints, popsicle sticks
- Disposable gloves

**Sanitary Napkin Kit**
- Diapering kit
- Wipes
- Feminine pads
- Feminine napkins
- Feminine tampons

**Sanitation Kit**
- Plastic bucket with lid
- Plastic bags/duct tape
- Disinfectant
- Improvised toilet seat
- Disposable plates/cups/eating utensils
- Toiletries
- Soap/toilet paper
- Paper towels

**First Aid Item Kit**
- First aid manual
- Thermometer
- Disposable diapers (dressing/splint/padding)
- Pain relievers (acetaminophen / aspirin)
- Diarrhea medicine
- Adhesive / paper tape
- Cold/heat pack
- Rubbing alcohol
- Cotton balls /swabs
- Saline solution / antiseptic
- Surgical masks
- Baking soda / water
PREPARE FINANCIALLY

Insurance
Review property and life insurance policies

Cash
• Keep cash, traveler’s checks and coins at home in small denominations for easy use; a disaster could temporarily shut down local ATMs and banks for days or weeks
• Income may stop if you cannot work so check with your employer about alternate plans

Evacuation
During an emergency you may need to leave your home.
When community evacuations become necessary, local officials will provide information through the local media. To preserve important documents or other valuables, create an “Evacuation Box” by purchasing a durable container that can be locked. Then place all items in waterproof plastic bags to protect them from moisture and water. The assembled box should be capable of being carried and stored in a safe location. The following is a list of items you may consider:

- Traveler’s checks, cash and a few rolls of quarters
- Negatives of irreplaceable personal photographs

A list of emergency contacts - doctors, family members who live outside your area, etc.
Copies of prescriptions and children’s immunization records
Health, dental and prescription insurance cards
Copies of your insurance policies or policy numbers
Copies of other important financial and family records
Backups of computerized financial records
List of bank accounts, loans, credit cards, driver’s license and Social Security numbers
An extra safe deposit box key – a safe deposit box can also be used to keep important papers

IMPORTANT RESOURCES
In Connecticut the Emergency Alert System (EAS) is in place. If the System is activated, scheduled TV and radio will be interrupted and an emergency message will be broadcasted. It is important to listen to these instructions and stay tuned.

EMERGENCY SERVICES
Emergency (Fire, Police, GEMS) 9-1-1
Greenwich Emergency Information Line 1-866-245-4260
(Activated during an emergency only)

EMERGENCY HELPLINES – Utilities
Aquarion Water Company 800-732-9678
Eversource 800-286-2000
CT Natural Gas Company 203-869-6900

NON-EMERGENCY PHONE NUMBERS – TOWN DEPARTMENTS
Dept. of Health, Environmental Health 203-987-1001 / 203-622-7838
Fire Dept. 203-622-3950
Police Dept. 203-622-8000
Dept. of Social Services 203-622-3800
Dept. of Parks & Rec., Tree Division 203-622-7824

PHONE NUMBERS
Centers for Disease Control and Prevention Hotline 1-800-232-4636
Centers for Disease Control and Prevention Hotline TTY 1-888-232-6348
Greenwich Hospital 203-863-3000
Greenwich Red Cross 203-669-8444
Connecticut Poison Control 1-800-222-1222

EMERGENCY INFORMATION
CT AM Radio
WGCH – 1490 (Greenwich) http://wgch.com
WSTC – 1400 (Stamford) http://wshu.com
WNLK – 1350 (Norwalk) http://wshu.com

Television
Cablevision ch. 12 www.news12.com/CT
WFSB ch. 3 www.wfsb.com
WTNH ch. 8 www.wtnh.com
WVIT ch.30 www.nbconnecticut.com

Note: Information for this pamphlet was obtained from various sources Dec. 2015

TOWN OF GREENWICH
DEPARTMENT OF HEALTH
101 Field Point Road
Greenwich, CT 06830
www.greenwichct.org

Are You Ready? For Emergencies
 Routinely, every day people go about their business and go to work, put their children on the school bus and do household errands; but every so often, the unexpected happens: a fire, a flood, a hurricane or some other emergency. During a disaster, our daily activities change and, suddenly, we become aware of how fragile our lives really are.

If a disaster occurs in Greenwich, local government and community emergency response agencies will try to help you. But you will need to be ready as well. Everyone in the household needs to know what to do and where to go during an emergency. You will need to be self-sufficient for several days since help may not be able to reach you immediately.

Creating a family disaster plan will provide specific instructions for disaster preparation and response. During an emergency, it will become the key to survival. Your disaster plan should be a written document that is reviewed, updated and practiced by your family. This pamphlet has been designed to assist you in creating that plan.

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