Resource Guide for Older Adults
HOME CARE
WITHOUT
COMPROMISE

Sterling Care
VISITING NURSES,
REHABILITATION THERAPISTS,
COMPANIONS & HOMEMAKERS

203.532.0500
235 GLENVILLE RD., 3rd floor
GREENWICH, CT 06831
www.sterlingcare.com
March 2018

The Greenwich Commission on Aging’s newly revised Resource Guide is designed to provide older adults, people with disabilities, families, caregivers and the general public access to up-to-date information about services that are available in both the Town of Greenwich and the surrounding area. Our goal is to empower individuals to make informed choices and to streamline access to appropriate services and supports. This guide is updated annually to showcase relevant and current information for older adults and individuals who face diverse challenges, interests and needs.

The listings in this guide are for informational purposes only and do not constitute an endorsement by the Greenwich Commission on Aging. No investigations have been conducted of the qualifications or quality of the services or programs listed, and content may be subject to change at any time. Every effort has been made to insure the accuracy of all information.

I would like to extend my thanks to our sponsors for their generosity and support of the Commission on Aging. We are fortunate to have an abundance of individuals, agencies and Town Departments committed to helping individuals in our community live with dignity and security and to achieve maximum independence and quality of life.

If you cannot locate the information you need, or if you have questions about a service please call the Greenwich Commission on Aging for assistance at 203-862-6710.

The Resource Guide is also available online by going to the Town of Greenwich’s website at www.greenwichct.org.

Warmly,

[Signature]

Lori Contadino, MS
lori.contadino@greenwichct.org
The Commission on Aging is the designated overall planning department for older persons in Greenwich, and has been an official department of Town government since 1975.

MISSION:
The mission of the Commission on Aging is to improve the quality of life for older Greenwich residents through planning, coordination, advocacy, education and Senior Center programming.

VISION:
As people grow older in Greenwich, they will be able to remain in Town with as much independence as possible. This can be achieved with the support of Town agencies and community organizations. Older adults, and those that support them, will fully participate as partners in this process.

The Commission on Aging will conduct the following activities:

- Manage the Greenwich Senior Center;
- Advocate on behalf of older adult residents, as a class, in the Town of Greenwich;
- Identify unmet needs of older adults, conduct research and collect data;
- Provide information to the community on the needs of older adults, serve as a clearing house for disseminating information, and provide public education on issues affecting their caregivers;
- Facilitate information on and referral to programs, services, and benefits;
- Convene meetings and serve as a forum for issues concerning older adults, as a class;
- Provide information on funding sources for programs and encourage funding partnerships;
- Act as an independent arbiter on problems or complaints affecting older adults;
- Establish and maintain collaborative relationships with community, professional and governmental agencies; and
- Participate with Town offices and community health and human service agencies in community planning activities.

COMMISSIONERS:
Patricia Burns Chairperson 203-869-8681
Steven B. Katz Vice Chairperson 917-903-7149
James B. Dougherty Secretary 203-869-3085
Carol Burns 203-661-5046
Francis “Kip” Burgweger 203-869-2377
Anne Marie Hynes 203-698-9110
Ellen M. Wolfson, M.D. 203-629-5993

STAFF:
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203-862-6710
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ADULT DAY CARE

Adult Day Care Centers are designed to provide care and companionship for seniors who need assistance or supervision during the day. The program offers relief to family members or caregivers and allows them the freedom to go to work, handle personal business or just relax while knowing their relative is well cared for and safe. Adult Day programs often delay or prevent institutionalization by providing alternative care.

- **ADULT DAY PROGRAM AT WAVENY CARE CENTER**  
  3 Farm Road, New Canaan, CT 06840  
  203-594-5200  
  Website: [www.waveny.org](http://www.waveny.org)

- **CONNECTICUT ASSOCIATION OF ADULT DAY SERVICES**  
  203-678-4649  
  Website: [www.ctadultday.org](http://www.ctadultday.org)

- **GRASMERE BY THE SEA ADULT DAY SERVICES – Jewish Senior Services**  
  1 Post Road, Fairfield, CT 06824  
  203-365-6470  
  Website: [www.jhe.org/adultdayservices](http://www.jhe.org/adultdayservices)

- **RIVER HOUSE ADULT DAY CENTER**  
  125 River Road Ext., Cos Cob, CT 06807  
  203-622-0079  
  Website: [www.theriverhouse.org](http://www.theriverhouse.org)

AGING IN PLACE

Aging in place is a term used to describe a person living in the residence of their choice, for as long as they are able, as they age. This includes being able to have any services (or other support) they might need over time as their needs change. “Aging in place” initiatives provide older adults with the necessary support services to remain in their own homes as they age. Members of community-based Aging-in-Place organizations, pay an annual fee to access a range of services including: transportation, companionship, social and wellness programs, home maintenance and repair and other types of assistance. Some services are included in the membership fee and others are provided by a network of pre-screened providers at a discounted rate. This ensures that an older person can have the things they need in their daily life, while maintaining their quality of life.
AGING LIFE CARE PROFESSIONALS

An Aging Life Care Professional is a health and human services professional, such as a gerontologist, nurse, social worker, or psychologist with a specialized focus on issues related to aging and elder care. Aging Life Care Professionals work privately with older adults and their families to create a plan of care that meets the needs of the older adult.

- **AGING LIFE CARE ASSOCIATION – THE EXPERTS IN AGING WELL**  
  (Formerly The National Association of Geriatric Care Managers)  
  520-881-8008  
  3275 West Ina Road, Suite 130, Tucson, AZ 85716  
  Website: [www.aginglifecare.org](http://www.aginglifecare.org)

- **THE CAREGIVER RESOURCE CENTER**  
  PO Box 122, Cos Cob, CT 06807-0122  
  203-861-9833  
  Website: [www.CaregiverResourceCenter.com](http://www.CaregiverResourceCenter.com)  
  Email: care4you@optonline.net

- **CARE MANAGING, L.L.C.**  
  PO Box 39,186 Rowayton Woods Dr. Rowayton, CT 06854  
  203-831-8500

- **CONSTELLATION GERIATRIC CARE MANAGEMENT**  
  14 Westport Avenue, Norwalk, CT 06851  
  203-845-8000  
  Website: [www.constellationhs.com](http://www.constellationhs.com)
• GERIATRIC CARE MANAGEMENT AT WAVENY
  3 Farm Road, New Canaan, CT 06840
  203-594-5200
  Website: www.waveny.org

• GREENWICH HOMECARE
  7 Benedict Place, Greenwich, CT 06830
  203-489-3333
  Website: www.greenwichhomecare.com
  Email: greenwichhomecare@greenwichhomecare.com

• GROWING OPTIONS, INC.
  590D Heritage Vlg, Southbury, CT 06488
  203-258-2640
  Website: www.growingoptions.com
  Email: info@growingoptions.com

• JM CARE MANAGEMENT
  P.O. Box 434 Riverside, CT 06878
  203-216-1635

• LIFE CARE MANAGEMENT
  1266 East Main Street, Suite 700R, Stamford, CT 06902
  888-669-3227 ext.700
  Website: www.ikorglobal.com/west-fair

• JEWISH FAMILY SERVICE OF STAMFORD
  733 Summer Street, Stamford, CT 06901
  203-921-4161
  Mon-Fri 9:00 am to 5:00 pm
  Website: www.ctjfs.org

• SBG SENIOR LIFE CONSULTANTS
  1511 Route 22 #257, Brewster, NY 10509
  914-220-2933
  Website: www.sbgseniorlifeconsultants.com

• STERLING CARE
  235 Glenville Road 3rd Floor, Greenwich, CT 06831
  203-532-0500, 24/7
  Website: www.sterlingcare.com
  Email: info@sterlingcare.com

• TEWES CARES: ADULT, AGING & DISABILITY CARE
  28 Lynn Pl., Ridgefield, CT 06877
  203-826-9206
  Website: www.tewescares.com
ADVOCACY ORGANIZATIONS

Advocacy means to speak up, to plead the case of another, or to fight for a cause. Advocacy is an important function of most nonprofit organizations. It describes a wide range of expressions, actions and activities that seek to influence outcomes directly affecting the lives of the people served by the organization.

- **ABILIS**
  50 Glenville Street, Greenwich CT 06831
  203-531-1880; Fax 203-531-9367;
  Website: [www.abilis.us](http://www.abilis.us)

- **AT HOME IN GREENWICH**
  139 East Putnam Avenue, Greenwich, CT 06830
  203-422-2342
  Website: [www.athomeingreenwich.org](http://www.athomeingreenwich.org)
  Email: director@athomeingreenwich.org

- **THE CENTER FOR MEDICARE ADVOCACY**
  800-262-4414; 860-456-7790
  Website: [www.medicareadvocacy.org](http://www.medicareadvocacy.org)

- **C. CLEARY CUSICK, INC.**
  154 Martling Ave., Tarrytown, NY 10591
  914-588-7940
  Website: [www.cclearycusick.com](http://www.cclearycusick.com)

- **CONNECTICUT COMMISSION ON HUMAN RIGHTS (CHRO)**
  860-541-3400
  Website: [www.ct.gov](http://www.ct.gov)

- **DEPARTMENT OF DEVELOPMENTAL SERVICES**
  460 Capitol Avenue, Hartford, CT 06106
  844-878-8923
  Website: [www.ct.gov/dds/site](http://www.ct.gov/dds/site)
  Email: ddsct.co@ct.gov

- **THE FIRST SELECTMAN’S ADVISORY COMMITTEE FOR PEOPLE WITH DISABILITIES**
  203-861-3191 – Voice Message Only
  Website: [www.greenwichct.org](http://www.greenwichct.org)

- **GREENWICH HOMECARE**
  7 Benedict Court, Greenwich, CT 06830
  203-489-3333
  Website: [www.greenwichhomecare.com](http://www.greenwichhomecare.com)
  Email: greenwichhomecare@greenwichhomecare.com
ALZHEIMER’S DISEASE/DEMEN'TIA

Dementia is not a specific disease. It's an overall term that describes a wide range of symptoms associated with a decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities. Alzheimer's is the most common type of dementia and accounts for 60 to 80 percent of dementia cases.

- **ALZHEIMER’S ASSOCIATION**  
  Website: [www.alzct.org](http://www.alzct.org)  
  24-Hour Helpline: 800-272-3900

  Main Office: 200 Executive Blvd. Suite #4B  
  South, 460-828-2828  
  Southington, CT 06489

  South West Office: 607 Main Avenue  
  Norwalk, CT 06851  
  203-939-1360

- **ALZHEIMER’S & DEMENTIA CARE**  
  1000 Lafayette Blvd Suite 1000, Bridgeport, CT 06604  
  203-520-0116  
  Website: [www.alzdementiacare.com](http://www.alzdementiacare.com)

- **ALZHEIMER’S RESOURCE CENTER**  
  1261 South Main Street, Plantsville CT 06479  
  860-628-9000  
  Website: [www.arc-ct.org](http://www.arc-ct.org)
• BRAIN HEALTH
  800-232-4424 OR 860-793-9791
  Website: www.ctclearinghouse.org

• BRIDGES BY EPOCH
  595 Connecticut Avenue, Norwalk, CT 06854
  203-523-0510
  Website: www.BridgesbyEPOCH.com

• CAREPATROL
  203-244-9562
  Website: www.CarePatrolCT.com

• ENGAGING ALZHEIMER’S LLC
  PO Box 682 Amawalk, NY 10501
  914-962-0997
  Website: www.EngagingAlzheimers.com

• THE GREENS AT GREENWICH
  1155 King Street, Greenwich, CT 06831
  203-531-5500
  Website: www.thegreensatgreenwich.com

• MAPLEWOOD AT DARIEN
  599 Boston Post Road, Darien, CT 06820
  203-293-6872
  Website: www.maplewoodatdarien.com

• MAPLEWOOD AT STRAWBERRY HILL - NORWALK
  73 Strawberry Hill Avenue, East Norwalk, CT 06855
  203-293-6554
  Website: www.maplewoodatstrawberryhill.com

• MEMORY CAFÉ
  First United Methodist Church - Between High Ridge and Long Ridge Roads - Stamford, CT
  203-322-7549

• NEW ENGLAND INSTITUTE FOR NEUROLOGY AND HEADACHE
  30 Buxton Farm Road, Suite 230, Stamford, CT 06905
  203-212-4191
  Website: www.neinh.com
  Email: info@neing.com

• PATIENT ADVISORY SERVICES, LLC.
  15 Harding Road, Old Greenwich, CT 06870
  203-918-8219
  Website: www.patientadvisoryservices.com
  Email: info@patientadvisoryservices.com
• RESEARCH CENTER FOR CLINICAL STUDIES, INC.
  71 East Avenue, Suite 1, Norwalk, CT 06851
  203-838-0070
  Website: www.rccs-us.com

• THE RESIDENCE AT SUMMER STREET (Opening Spring 2018)
  14 2nd Street Stamford CT 06905
  (203) 803-4091
  Website: www.residencesummerstreet.com

• RIVER HOUSE ADULT DAY CENTER
  125 River Road Ext., Cos Cob, CT 06807
  203-622-0079
  Website: www.theriverhouse.org

• THE VILLAGE AT WAVENY
  3 Farm Road, New Canaan CT 06840
  203-594-5200
  Website: www.waveny.org

• SENIOR HELPERS
  203-930-1589
  Website: www.seniorhelpers.com
  www.seniorhelpers.com/Fairfieldcounty-CT

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CAREGIVER RESPITE AND COUNSELING

Respite provides "short breaks" to family caregivers so they have time for themselves for activities outside the home such as running errands, grocery shopping, keeping doctor appointments, getting away on vacation, nights out with friends, etc.

• ALZHEIMER’S STATE RESPITE PROGRAM
  Southwestern Connecticut Agency on Aging (SWCAA)
  10 Middle Street, Bridgeport CT 06604
  800-994-9422
  Website: www.swcaa.org

• AT HOME IN GREENWICH
  139 East Putnam Avenue, Greenwich, CT 06830
  203-422-2342
  Website: www.athomeingreenwich.org
  Email: director@athomeingreenwich.org

• CAREGIVER SUPPORT GROUP AT WAVENY CARE CENTER
  3 Farm Road, New Canaan, CT 06840
  203-594-5200
  Website: www.waveny.org
• CENTER FOR HOPE, FAMILY CENTERS, INC.  
  20 Bridge Street, Greenwich, CT 06830  
  203-629-2822  
  Website: [www.familycenters.org](http://www.familycenters.org)

• FAMILY & CHILDREN’S AGENCY HOME CARE  
  140 Water Street, Norwalk, CT 06850  
  203-831-2900, Fax: 203-831-2904  
  Website: [www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

• GREENWICH HOME CARE  
  7 Benedict Place, Greenwich, CT 06830  
  203-489-3333  
  Website: [www.greenwichhomecare.com](http://www.greenwichhomecare.com)  
  Email: greenwichhomecare@greenwichhomecare.com

• HOMEWATCH CAREGIVER OF FAIRFIELD COUNTY  
  30 Oakwood Ave, Norwalk, CT 06850  
  203-900-8020  
  Website: [www.hwcg.com/norwalk](http://www.hwcg.com/norwalk)

• NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM  
  Southwestern Connecticut Agency on Aging  
  10 Middle Street, Bridgeport, CT 06604  
  800-994-9422, Fax: 203-696-3866  
  Website: [www.swcaa.org](http://www.swcaa.org)

• PATIENT ADVISORY SERVICES, LLC.  
  15 Harding Road, Old Greenwich, CT 06870  
  203-918-8219  
  Website: [www.patientadvisoryservices.com](http://www.patientadvisoryservices.com)  
  Email: info@patientadvisoryservices.com

• RIVER HOUSE ADULT DAY CENTER  
  125 River Road Ext., Cos Cob, CT 06807  
  203-622-0079  
  Website: [www.theriverhouse.org](http://www.theriverhouse.org)

THE FOLLOWING FACILITIES OFFER RESPITE:

• Brighton Gardens (Stamford): 203-322-2100  
• Greenwich Woods Rehabilitation and Health Care Center: 203-531-1335  
• The Mews: 203-869-9448  
• RegalCare at Greenwich: 203-347-1302  
• River House Adult Day Center 203-622-0079  
• Village at Waveny Care Center (New Canaan): 203-594-5200 (Assisted Living)  
• Waveny Care Center (New Canaan): 203-594-5200 (Skilled Nursing)
CHORE SERVICES, HOUSEHOLD HELP & ERRANDS

Chore services include support or assistance to a person or their primary caregiver to maintain a clean, sanitary and safe home which helps a person stay at home and remain as independent as possible

- **ADVOCATES AT HOME**
  1011 Hope Street, Suite 2C, Stamford, CT  06907-2121
  203-276-1506
  Website: [www.advocatesathome@gmail.com](mailto:www.advocatesathome@gmail.com)

- **ALMOST FAMILY**
  1150 Summer St, Stamford, CT  06905
  203-969-0101 or 800-323-2645
  Website: [www.almostfamily.com](mailto:www.almostfamily.com)

- **BRIGHT STAR OF GREENWICH/STAMFORD**
  45 Church Street, Suite 205, Stamford, CT  06906
  203-883-8560 or 203-984-4988 (cell)
  Website: [www.brightstarcare.com](mailto:www.brightstarcare.com)

- **BROOK’S HOMECARE**
  134 Height Road, Darien, CT  06820
  203-655-3400
  Website: [www.brookeshomecare.net](mailto:www.brookeshomecare.net)

- **CHANGING PLACES**
  508 Palmer Avenue, Mamaroneck, NY  10543
  914-381-1022
  Website: [www.changingplaces.info](http://www.changingplaces.info)

- **COMFORCARE**
  259 Main Street, Suite 4, Stamford, CT  06901
  203-705-0220
  Website: [www.comforcare.com/connecticut/stamford](http://www.comforcare.com/connecticut/stamford)

- **COMFORT KEEPERS**
  124 East Avenue, Norwalk, CT  06851
  203-629-5029
  Website: [www.comfortkeepers.com](mailto:www.comfortkeepers.com)
  Email: greenwich@Comfortkeepers.com

- **COMPANIONS AND HOMEMAKERS**
  16 Ketchum Street, Westport, CT  06880
  203-259-8375
  Website: [www.companionsandhomemakers.com](mailto:www.companionsandhomemakers.com)
• COMPASS CARE  
  777 Summer Street, Suite #303, Stamford, CT 06901  
  855-535-2500  
  Website: www.carewhenyouneedit.com

• CONSTELLATION HEALTH SERVICES  
  14 Westport Avenue, 1st Floor, Norwalk, CT 06851  
  203-845-8000  
  Website: www.constellationhs.com

• DANIELCARE  
  188 North Street, Stamford, CT 06901  
  203-569-4900  
  Website: www.danielcare.com

• FAMILY & CHILDREN’S AGENCY HOME CARE PLUS  
  140 Water Street, Norwalk, CT 06850  
  203-831-2900, Fax: 203-831-2904  
  Website: www.familyandchildrensagency.org

• FAMILY CARE PLUS  
  2573 Main Street, Stratford, CT 06615  
  877-887-CARE or (203) 377-1844  
  Website: www.familycare-plus.com

• GREENWICH DEPARTMENT OF HUMAN SERVICES  
  HOMEMAKER DEPARTMENT  
  Town Hall, 101 Field Point Road, Greenwich, CT 06830  
  203-622-3801  
  Website: www.greenwichct.org

• HOME CARE ON CALL  
  354 Pequot Ave., Southport, CT 06890  
  (203) 557-4240  
  Website: www.homecareoncallct.com

• HOMECARE BY RVNA  
  90 East Ridge, Ridgefield, CT 06877  
  203-438-5555  
  Website: www.hcrnva.com  
  Email: intake@ridgefieldvna.org

• HOME CHOICE SENIOR CARE  
  21 Charles St., Suite 212, Westport, CT 06880  
  203-227-5040

• HOMEFRONT  
  1-800-887-4673  
  Website: www.homefrontprogram.org
• **HOME HELPERS**  
  1771 Post Rd. #128 East, Westport, CT 06880  
  203-680-9148 or 860-756-5545  

• **HOME INSTEAD SENIOR CARE**  
  128 East Avenue, Norwalk, CT 06851  
  203-853-0370  
  Website: [www.homeinstead.com](http://www.homeinstead.com)

• **JEWISH FAMILY SERVICES OF GREENWICH**  
  1 Holly Hill Lane, Greenwich, CT 06830  
  203-622-1881  
  Website: [www.jfsgreenwich.org](http://www.jfsgreenwich.org)  
  Email: mail@jfsgreenwich.org

• **JEWISH FAMILY SERVICE OF STAMFORD**  
  733 Summer Street, Stamford, CT 06901  
  203-921-4161  
  Website: [www.ctjfs.org](http://www.ctjfs.org)

• **MAXIM HEALTHCARE SERVICES**  
  40 Richards Ave., Norwalk, CT 06854  
  203-857-0529, (Fax) 203-857-0738  
  Website: [www.maximhomecare.com](http://www.maximhomecare.com)  
  Email: norwalkctoffice@maxhealth.com

• **RIGHT AT HOME**  
  7 Tokeneke Rd., Darien, CT 06820  
  203-202-9488  
  Website: [www.rightathome.net/darien/](http://www.rightathome.net/darien/)  
  Email: info@homecarerah.com

• **SENIOR HELPERS**  
  One Stamford Ave., Stamford, CT 06902  
  203-564-1591  
  Website: [www.seniorhelpers.com](http://www.seniorhelpers.com)

• **STERLING CARE**  
  235 Glenville Road, 3rd Floor, Greenwich, CT 06831  
  203-532-0500  
  Website: [www.sterlingcare.com](http://www.sterlingcare.com)  
  Email: info@sterlingcare.com

• **SYNERGY HOME CARE**  
  1200 Summer St. Suite #105, Stamford, CT 06905  
  203-661-6969  
  Website: [www.synergyhomecare/agencies/ct/stamford](http://www.synergyhomecare/agencies/ct/stamford)  
  Email: ct01@synergyhomecare.com
• VISITING ANGELS
  1266 E. Main Street, Suite #700 R, Stamford, CT 06902
  203-658-8800
  Website: www.visitingangels.com/stamford

• VISITING NURSE & HOSPICE OF FAIRFIELD COUNTY
  761 Main Ave, Norwalk, CT 06851
  1--800-898-HOME ((800) 898-4663)
  Website: www.visitingnurse.net

• WAVENY at HOME
  3 Farm Road, New Canaan, CT 06840
  203-594-5249
  Website: www.waveny.org

COUNSELING, CASE MANAGEMENT & MENTAL HEALTH SERVICES

ALZHEIMER’S DISEASE/DEMENTIA

• ALZHEIMER’S ASSOCIATION
  Website: www.alz.org/ct

  Fairfield County Chapter
  203-939-1360
  70 New Canaan Avenue
  Norwalk, CT 06850

  Connecticut Chapter
  860-828-2828
  2075 Silas Deane Highway, Suite 100
  Rocky Hill, CT 06067

• ALZHEIMER’S DISEASE & RELATED DISORDERS ASSOCIATION
  1-800-272-3900 (National Office)

• ALZHEIMER’S RESOURCE CENTER
  1261 South Main Street
  Plantsville CT 06479
  860-628-9000
  Website: www.arc-ct.org

• THE ALZHEIMER’S STORE
  800-752-3238
  Website: www.alzstore.com

• BRIDGES BY EPOCH
  123 Richards Avenue, Norwalk, CT 06854
  203-523-0510
  Website: www.bridgesbyepoch.com
• BROOK’S HOMECARE  
  134 Height Road, Darien, CT  06820  
  203-655-3400  
  Website:  www.brookeshomecare.net

• DRS. CHARLOTTE & DAVID BROWN GERIATRIC EVALUATION CLINIC  
  3 Farm Road, New Canaan, CT  06840  
  203-594-5200  
  Website:  www.waveny.org

• HEARTHSTONE ALZHEIMER CARE  
  95 South Broadway, White Plains, NY 10601  
  914-684-1980  
  Website:  www.thehearth.org

• HOMEWATCH CAREGIVER OF FAIRFIELD COUNTY  
  30 Oakwood Ave, Norwalk, CT 06850  
  203-900-8020  
  Website:  www.hwcg.com/norwalk

• PUZZLE WITH ME  
  435-714-8121  
  Website:  www.puzzlewithme.com

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COUNSELING, CASE MANAGEMENT & MENTAL HEALTH SERVICES

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ANXIETY, DEPRESSION, FAMILY & GRIEF COUNSELING

• THE CAREGIVER RESOURCE CENTER  
  PO Box 122, Cos Cob, CT  06807-0122  
  203-861-9833  
  Website:  www.CaregiverResourceCenter.com  
  Email:  care4you@optonline.net

• F.S. DUBOIS CENTER (Dept. of Mental Health & Addiction Services)  
  780 Summer Street, Stamford, CT 06901  
  203-358-8500

• FAMILY CENTERS, INC.  
  20 Bridge Street, Greenwich, CT 06830  
  203-629-2822  
  Website:  www.familycenters.org
GREENWICH CENTER FOR HOPE & RENEWAL  
237 Taconic Road, Greenwich, CT 06831  
203-340-9816  
Website: [www.hopeandrenewal.org](http://www.hopeandrenewal.org)

GREENWICH CHAPLAINCY SERVICES  
70 Parsonage Road, Greenwich, CT 06830  
203-618-4321 or 203-618-4236  
Website: [www.greenwichchaplaincy.org](http://www.greenwichchaplaincy.org)

GREENWICH DEPARTMENT OF HUMAN SERVICES  
Town Hall, 101 Field Point Road, Greenwich, CT 06830  
203-622-3800  
Website: [www.greenwichct.org](http://www.greenwichct.org)

JEWISH FAMILY SERVICES OF GREENWICH  
1 Holly Hill Lane, Greenwich, CT 06830  
203-622-1881  
Website: [www.jfsgreenwich.org](http://www.jfsgreenwich.org)  
Email: mail@jfsgreenwich.org

JEWISH FAMILY SERVICE OF STAMFORD  
733 Summer Street, Stamford, CT 06901  
203-921-4161  
Website: [www.ctjfs.org](http://www.ctjfs.org)  
Email: info@ctjfs.org

MEAD COUNSELING CENTER  
139 East Putnam Avenue, Greenwich, CT 06830  
203-869-5063

SBG SENIOR LIFE CONSULTANTS  
1511 Route 22 #257, Brewster, NY 10509  
914-220-2933  
Website: [www.sbgseniorlifeconsultants.com](http://www.sbgseniorlifeconsultants.com)

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ELDER ABUSE & DOMESTIC ABUSE

CT PROTECTIVE SERVICES FOR THE ELDERLY (PSE)  
This program is designed to safeguard people 60 years and older from physical, mental and emotional abuse, neglect and abandonment and/or financial abuse and exploitation. DSS social workers devise a plan of care aimed at assuring an elder’s safety while preserving the person’s right of self-determination. Staff may help the person remain in the living situation he or she prefers, safeguard legal rights, prevent bodily injury or harm, determine service needs and then mobilize resources to provide necessary services.
• To report cases of suspected abuse, neglect or exploitation, call:
  • In-State referral line: 888-385-4225
  • Bridgeport Office: 203-551-2701
  • Stamford Office: 203-251-9392
  • Out of State, call Infoline: 800-203-1234
• After Hours Elder Abuse Emergencies call:
  • In State call Infoline: 211
  • Out of State, call Infoline: 800-203-1234

• STATE OF CT, OFFICE OF PROTECTION & ADVOCACY FOR PEOPLE WITH
  DISABILITIES.
  60 B Weston Street, Hartford, CT 06120
  860-297-4300

• DOMESTIC ABUSE SERVICE – YWCA
  259 East Putnam Avenue, Greenwich, CT 06830
  Emergency Phone: 203-622-0003, 24 /7
  Information and non-emergency: 203-869-6501
  Professional and confidential counseling is available to persons experiencing
  violence in his/her life. Support groups, legal information and emergency shelter are
  available.

• DOMESTIC VIOLENCE HOTLINES
  • Statewide 24 Hour Hotline: 888-774-2900
  • Stamford 24 Hour Hotline: 203-588-9096
  • Center for Women & Families of Eastern Connecticut
    24 Hour Hotline: 203-384-9559

• JEWISH SENIOR SERVICES - EMERGENCY SHELTERING
  Center for Elder Abuse Prevention
  203-396-1097
  Website: www.jseniors.org

• SOUTHWESTERN CT AGENCY ON AGING
  1000 Lafayette Blvd, 9th Floor, Bridgeport, CT 06604
  203-333-9288
  Website: www.swcaa.org

• STATE OF CONNECTICUT – FINANCIAL CRIMES UNIT (ELDER ABUSE UNIT)
  300 Corporate Place, Rocky Hill CT 06067
  860-258-5839
COUNSELING, CASE MANAGEMENT & MENTAL HEALTH SERVICES

SUICIDE PREVENTION

- **F.S. DUBOIS CENTER** - (Dept. of Mental Health & Addiction Services)
  780 Summer Street, Stamford, CT 06901
  Mobile Crisis Services: 203-358-8500, 24 hours/day, 7 days/week

- **INfoline**: CALL 211, 24 hours/day, 7 days/week
  United Way of Connecticut, 1344 Silas Deane Hwy. Rocky Hill, CT 06067

COUNSELING, CASE MANAGEMENT & MENTAL HEALTH SERVICES

SUBSTANCE ABUSE

- **ADDICTION-RECOVERY PROGRAM @ GREENWICH HOSPITAL**
  203-863-4673, 24 hours/day, 7 days/week
  Website: [www.greenwichhospital.org/services/addiction-recovery](http://www.greenwichhospital.org/services/addiction-recovery)

- **ADDICTION AND ABUSE HOTLINE**
  877-726-4727  800-622-HELP

- **ALCOHOLICS ANONYMOUS** (Answering Service)
  866-783-7712

- **ALCOHOLICS ANONYMOUS – GREENWICH**
  83 East Ave Suite 211, Norwalk, CT 06851
  (203) 227-2496

- **THE CAREGIVER RESOURCE CENTER**
  P.O. Box 122, Cos Cob, CT 06807-0122
  203-861-9833
  Website: [www.CaregiverResourceCenter.com](http://www.CaregiverResourceCenter.com)

- **CRISIS HELPLINE- INFO-LINE**
  800-203-1234
DISABILITY SERVICES

Services for the disabled include programs that provide direct services, emotional support, advocacy, and guidance for people who have disabilities. These services help individuals cope more effectively with their disability and empower them to make personal choices which maximizes their ability to function independently.

- **ABILIS**
  50 Glenville Street, Greenwich CT 06831
  203-531-1880
  Website: [www.abilis.us](http://www.abilis.us)

- **ACCESS INDEPENDENCE**
  80 Ferry Blvd., Suite #205, Stratford, CT 06615
  203-378-6977
  Website: [www.accessinct.org](http://www.accessinct.org)
• BRAIN INJURY ALLIANCE OF CONNECTICUT
  200 Day Hill Road #250, Windsor, CT 06095
  860-219-0291
  Website: www.biact.org
  Email: general@biact.org

• BUREAU OF EDUCATION AND SERVICES FOR THE BLIND
  184 Windsor Ave., Windsor, CT 06095
  860-602-4000
  Website: www.ct.gov/besb

• BUREAU OF REHABILITATIVE SERVICES
  55 Farmington Avenue, Hartford, CT 06105
  860-424-4844
  Website: www.ct.gov/brs

• CEREBRAL PALSY OF WESTCHESTER
  DAVID G. OSTERER CENTER (CPW)
  1186 King Street, Rye Brook NY 10573
  914-917-3800
  Website: www.cpwestchester.org
  Email: info@cpwestchester.org

• CONNECTICUT DEPARTMENT OF DEVELOPMENTAL SERVICES
  460 Capitol Ave., Hartford, CT 06105
  860-418-6000
  Website: www.ct.gov/dds
  Email: ddsct.co@ct.gov

• DISABILITY RESOURCE NETWORK, INC.
  340 Capitol Ave., Bridgeport, CT 06604
  203-873-0743
  Website: www.disability-resource.org
  Email: info@disability-resource.org

• HOMEWATCH CAREGIVER OF FAIRFIELD COUNTY
  30 Oakwood Ave, Norwalk, CT 06850
  203-900-8020
  Website: www.hwcg.com/norwalk

• KENNEDY CENTER, INC.
  2440 Reservoir Ave., Trumbull, CT 06611
  203-365-8522
  Website: www.thekennedycenterinc.org

• LIFE BRIDGE COMMUNITY SERVICES – Deaf Outreach and Interpreting Services
  475 Clinton Ave, Bridgeport, CT 06605
  203-368-4291
  Website: www.lifebridgect.org
- MUSCULAR DYSTROPHY ASSOCIATION
  127 Washington Ave. 4th Fl. West, North Haven, CT 06473
  203-248-6500
  Website: www.newhaven@mdausa.org

- NATIONAL MS SOCIETY, CT Chapter
  659 Tower Ave, Hartford, CT 06112
  800-344-4867
  Website: www.nationalmssociety.org/Chapters/CTN
  Email: info@ctfightsMS.org

- NATIONAL SPINAL CORD INJURY ASSOCIATION OF CT
  P.O. Box 400, Gaylord Farms Road, Wallingford, CT 06492
  203-284-2910
  Website: www.sciact.org
  Email: nsciact@gmail

- NEAT CENTER (New England Assistive Technology)
  33 Coventry St. Hartford, CT 06112
  860-242-2274
  Website: www.oakhillct.org/NEAT-Center

- NORWALK TRANSIT DISTRICT (PUBLIC BUS & EASY ACCESS)
  275 Wilson Avenue, Norwalk, CT 06854
  203-852-0000
  Website: www.norwalktransit.com
  Email: info@norwalktransit.com

- PARKING PERMITS FOR PERSONS with DISABILITIES
  (800) 842-8222

- DEPARTMENT OF MOTOR VEHICLES
  540 Main Avenue, Norwalk, CT 06851
  (800) 840-1993

- DEPARTMENT OF MOTOR VEHICLES
  95 Sylvan Avenue, Bridgeport, CT 06606
  (800) 330-5619
  Website: www.ct.gov

- PATHWAYS, Inc.
  175 Milbank Avenue, Greenwich, CT 06830
  203-869-5656
  Website: www.pways.org
  Email: info@pways.org

- STATE OF CT, OFFICE OF PROTECTION & ADVOCACY FOR PEOPLE WITH DISABILITIES.
  60 B Weston Street, Hartford, CT 06120
  860-297-4300
EMERGENCY PREPAREDNESS

Disaster management (or emergency management) is the creation of plans through which communities reduce vulnerability to hazards and cope with disasters. Disaster management does not avert or eliminate the threats; instead, it focuses on creating plans to decrease the effect of disasters.

IN THE EVENT OF AN EMERGENCY CALL:

911
*POLICE * FIRE * EMS

- EMERGENCY MANAGEMENT OPERATIONS - TOWN OF GREENWICH
  Town Hall, 101 Field Point Road, Greenwich CT  06830
  203-622-2222
  Website: www.greenwichct.org

- To hear emergency information: Call (866) 245-4260
  (This number is in service ONLY during major emergencies)

- Emergency E-mail and Phone Notification System
  At the direction of the First Selectman, the Information Technology Department and the Office of Emergency Management have developed an Emergency E-mail Notification System to increase the Town's ability to contact the residents of Greenwich. Those residents who wish to receive either emergency notifications or important information from the Town need only to provide an e-mail address through the Emergency Preparedness section of the Town's website. The website provides directions to facilitate the entry of the e-mail address. The only information required would be the e-mail address and a password.

  In addition to this e-mail system, the Town has established an Emergency Info Line, which provides access to important and/or emergency information by simply dialing the following number: 1-866-245-4260. Both of these systems will be used to provide important information, such as the initiation of a snow emergency, issuing storm warnings, and emergency preparedness directions for an impending storm or an emergency event.

- In the near future, the Town expects to increase its capability to communicate directly to the residents by acquiring an Emergency Notification System that will use your existing home phone, cell phone and e-mail to send emergency messages to all residents or to a specific geographic area.
WEATHER & STORM RELATED INFORMATION

TOWN OF GREENWICH WEBSITE: 
www.greenwichct.org

TOWN OF GREENWICH EMERGENCY INFO LINE: 
866-245-4260

RADIO: 1490AM WGCH RADIO

TELEVISION: NEWS CHANNEL 12

EMPLOYMENT ASSISTANCE

- ABILIS  
  50 Glenville Street, Greenwich CT 06831  
  203-531-1880  
  Website: www.abilis.us

- JEWISH FAMILY SERVICE OF STAMFORD  
  733 Summer Street, Stamford, CT 06901  
  203-921-4161  
  Website: www.ctjfs.org  
  Email: info@ctjfs.org

- USE (Utilize Senior Energy)  
  299 Greenwich Avenue, Greenwich, CT 06830  
  203-629-8032  
  Website: www.utilizeseniorenergy.org  
  Email: info@utilizeseniorenergy.org

ENERGY AND UTILITIES ASSISTANCE

- GREENWICH DEPARTMENT OF HUMAN SERVICES  
  Connecticut Energy Assistance Program (CEAP)  
  Town Hall, 101 Field Point Road, Greenwich, CT 06830  
  203-622-3800  
  Website: www.greenwichct.org/government/departments/human_services/

- Infoline @ 211
FELLOWSHIP

Fellowship may be defined as a “friendly association with others” or “companionship.”

- CARE FOR SICK AND AGING – ST. CATHERINE OF SIENA Parish Center  
  13 Riverside Avenue, Riverside, CT 06878  
  203-637-3661 x318  
  Website: www.stcath.org

- FAITH COMMUNITY NURSING – ST. CATHERINE OF SIENA  
  13 Riverside Avenue, Riverside, CT 06878  
  203-637-2710  
  Website: www.stcath.org

- FRIENDLY CONNECTIONS FAMILY CENTERS, INC.  
  20 Bridge Street, Greenwich, CT 06830  
  203-629-2822  
  Website: www.familycenters.org

- GREENWICH CHAPLAINCY SERVICES  
  70 Parsonage Rd., Greenwich, CT 06830  
  (203) 618-4321 or (203) 618-4236  
  Website: www.greenwichchaplaincy.org  
  Email: gwichchap01@yahoo.com

- GREENWICH HOSPITAL PASTORAL HOME CARE PROGRAM  
  5 Perryridge Road, Greenwich, CT 06830  
  203-863-3000  
  Website: www.greenwichhospital.org

- GREENWICH HOSPITAL – SPIRITUAL CARE  
  5 Perryridge Road, Greenwich, CT 06830  
  203-863-3146  
  Website: www.greenwichhospital.org

- GREENWICH SENIOR CENTER  
  299 Greenwich Avenue, Greenwich, CT 06830  
  203-862-6700  
  Website: www.greenwichct.org
FINANCIAL ASSISTANCE

Assistance with the following expenses: Medications, Food, Utilities, Legal, Health care, Housing, In-home services, Taxes, Transportation and Employment Training.

- BENEFITS CHECK-UP – NATIONAL COUNCIL ON AGING
  Website: [www.benefitscheckup.org](http://www.benefitscheckup.org)

- CONNECTICUT DEPARTMENT OF HUMAN SERVICES
  
  Bridgeport Office
  925 Housatonic Avenue
  Bridgeport, CT
  203-551-2700
  Website: [www.ct.gov/dss](http://www.ct.gov/dss)

  Stamford Sub-Office
  1642 Bedford Street
  Stamford, CT 06905
  855-626-6632

- GREENWICH DEPARTMENT OF HUMAN SERVICES- FINANCIAL ASSISTANCE
  Town Hall, 101 Field Point Road, Greenwich, CT 06830
  203-622-3800
  Website: [www.greenwichct.org](http://www.greenwichct.org)

- ON-LINE BENEFITS CHECK-UP
  Southwestern Connecticut Area Agency on Aging
  800-994-9422
  Website: [www.swcaa.org](http://www.swcaa.org)

- PERSONAL FINANCIAL ORGANIZER
  Judith Heft and Associates Financial Concierge
  1177 Summer St., Stamford CT 06905
  15 East Putnam Avenue, #122, Greenwich, CT 06830
  203-978-1858
  Website: [www.judithheft.com](http://www.judithheft.com)
• RETIREMENT FUNDING SOLUTIONS
  57 Plains Road, Suite 3c, Milford, CT  06464
  203-542-0719
  Website: www.rfslends.com/frances-schneider-connecticut-reverse-mortgage
  Email: fschneider@rfslends.com

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FOOD ASSISTANCE & NUTRITION SERVICES

• ACME SUPERMARKET
  Minimum order $35.00 + delivery charge
  Website: www.shop.acmemarkets.com (or download Rush Delivery App)

• END HUNGER, CONNECTICUT
  65 Hungerford St., Hartford CT 06106
  860-560-2100

• SNAP INFO-LINE  866-974-SNAP
  Website: www.endhungerct.org

• FRESH DIRECT
  Minimum order of $30 + delivery charge
  1-866-283-7374
  Website: www.freshdirect.com
  Email: service@freshdirect.com

• GREENWICH SENIOR CENTER – LUNCH PROGRAM
  299 Greenwich Avenue, Greenwich, CT 06830
  203-862-6700
  Website: www.greenwichct.org

• JEWISH FAMILY SERVICES OF GREENWICH
  SUPERMARKETING FOR SENIORS
  1 Holly Hill Lane, Greenwich, CT 06830
  203-622-1881
  Website: www.jfsgreenwich.org
  Email: mail@jfsgreenwich.org

• JEWISH FAMILY SERVICE OF STAMFORD
  733 Summer Street, Stamford, CT 06901
  203-921-4161
  Website: www.ctjfs.org

• MEALS-ON-WHEELS
  89 Maple Avenue, Greenwich, CT 06830
  203-869-1312
  Website: www.mealsonwheelsofgreenwich.org
  Email: greenwichmow@optonline.net
• **MOM’S MEALS**  
 3210 SE Corporate Woods Drive, Ankeny, IA, 50021  
866-716-3257  
Website: [www.momsmeals.com](http://www.momsmeals.com)

• **NEIGHBOR TO NEIGHBOR**  
Christ Church - West Annex, 248 East Putnam Avenue, Greenwich, CT 06830  
203-622-9208  
Website: [www.ntngreenwich.org](http://www.ntngreenwich.org)

• **PEAPOD**  
Website: [www.peapod.com](http://www.peapod.com)

• **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)**  
Greenwich Department of Human Services  
Town Hall, 101 Field Point Road, Greenwich, CT 06830  
203-622-3800 or 860-560-2100  
Website: [www.greenwichct.org](http://www.greenwichct.org)

• **TOP CHEF MEALS**  
175 Clearbrook Road, Elmsford, NY 10523  
914-372-7080  
Website: [www.topchefmeals.com](http://www.topchefmeals.com)  
Email: orders@topchefmeals.com

• **WEEKEND LUNCH BUNCH**  
Greenwich Hospital, Perryridge Road, Greenwich, CT 06830  
203-663-3690  
Website: [www.greenwichhospital.org](http://www.greenwichhospital.org)

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**GERIATRIC ASSESSMENT**

A Geriatric Assessment is a multidimensional, multidisciplinary assessment designed to evaluate an older person's functional ability, physical health, cognition and mental health, and socio-environmental circumstances. It is usually initiated when the family or physician identifies a potential problem. A Geriatric Assessment aids in the diagnosis of medical conditions; development of treatment and follow-up plans; coordination of management of care; and evaluation of long-term care needs and optimal placement. The geriatric assessment differs from a standard medical evaluation by including nonmedical domains; by emphasizing functional capacity and quality of life; and, often, by incorporating a multidisciplinary team. It usually yields a more complete and relevant list of medical problems, functional problems, and psychosocial issues. Well-validated tools and survey instruments for evaluating activities of daily living, hearing, balance and cognition are an important part of the geriatric assessment.

• **BRIDGEPORT HOSPITAL – GERIATRIC ASSESSMENT PROGRAM**  
95 Armory Road, Stratford, CT 06614  
203-384-3388  
Website: [www.bridgeporthospital.org](http://www.bridgeporthospital.org)
• CARE MANAGING, LLC
  P.O. BOX 39, Rowayton, CT 06853
  203-831-8500

• DOROTHY ADLER GERIATRIC ASSESSMENT CENTER – YALE
  874 Howard Avenue, New Haven, CT 06519
  203-688-6361
  Website: www.ynhh.org

• THE CAREGIVER RESOURCE CENTER
  PO Box 122, Cos Cob, CT 06807
  203-861-9833
  Website: www.CaregiverResourceCenter.com

• GERIATRIC ASSESSMENT CENTER – THE GREENS AT CANNONDALE
  435 Danbury Road, Wilton, CT 06897
  203-761-1015
  Website: www.gapclinicalcare.com

• GREENWICH HOMECARE
  7 Benedict Place, Greenwich, CT 06830
  203-489-3333
  Website: www.greenwichhomecare.com
  Email: greenwichhomecare@greenwichhomecare.com

• MASONICARE’S CENTER FOR OPTIMAL AGING
  22 Masonic Avenue, Wallingford, CT 06492
  203-679-5900 or 888-679-9997
  Website: www.masonicare.org

• NEW ENGLAND INSTITUTE FOR NEUROLOGY AND HEADACHE
  30 Buxton Farm Road, Suite 230, Stamford, CT 06905
  203-212-4191
  Website: www.neinh.com
  Email: info@neinh.com

• NORWALK HOSPITAL GERIATRIC ASSESSMENT CENTER
  32 Maple Street, Norwalk, CT 06856
  203-852-3112
  Website: www.norwalkhospital.org

• ST. VINCENT’S MEDICAL CENTER – GERIATRIC ASSESSMENT PROGRAM
  203-576-5710
  Website: www.stvincents.org

• STAMFORD HOSPITAL GERIATRIC ASSESSMENT CENTER
  75 Holly Hill Lane, 2nd Floor, Greenwich, CT 06830
  203-276-2516
  Website: www.stamfordhealthmedicalgroup.org
• THE BROWN GERIATRIC EVALUATION CLINIC
  3 Farm Road, New Canaan CT 06840
  203-594-5200
  Website: www.waveny.org

• THE CENTER FOR HEALTHY AGING
  Greenwich Hospital, 5 Perryridge Road, Greenwich, CT 06830
  203-863-4373
  Website: https://www.greenwichhospital.org

• JEWSH SENIOR SERVICES-INSTITUTE ON AGING
  4200 Park Ave., Bridgeport, CT 06604
  203-365-6400
  Website: www.jseiors.org

GREENWICH HOSPITAL OUTPATIENT & COMMUNITY SUPPORT SERVICES

  GREENWICH HOSPITAL
  5 Perryridge Road, Greenwich, CT 06830
  203-863-3000
  Website: www.greenwichhospital.org

• BENDHEIM CANCER CENTER (Smilow Cancer Hospital)
  Sherman & Gloria H. Cohen Pavilion
  77 Lafayette Place, Greenwich, CT 06830
  203-863-4350

• THE CENTER FOR HEALTHY AGING
  203-863-4373

• DIABETES ASSOCIATION
  800-232-3472

• LIONS LOW VISION CENTER
  COMMUNITY HEALTH AT GREENWICH HOSPITAL
  500 West Putnam Ave. Suite 150, 1st Fl., Greenwich, CT 06830
  203-863-4444

• GREENWICH HOSPITAL HOME HOSPICE PROGRAM
  500 West Putnam Ave., Suite 500, Greenwich, CT 06830
  203-863-3883

• GREENWICH HOSPITAL HEARING, SPEECH AND LANGUAGE CENTER
  203-863-3240

• OUTPATIENT CENTER – BEHAVIORAL HEALTH CLINIC
  Greenwich Hospital, 5 Perryridge Road, Greenwich, CT 06830
  203-863-3316
• OUTPATIENT CENTER - MEDICAL CLINIC  
203-863-3408

• OUTPATIENT MEDICAL/SURGICAL PROGRAM  
203-863-3408

• PARISH NURSE AT FIRST CONGREGATIONAL CHURCH OF GREENWICH  
108 Sound Beach Ave., Old Greenwich, CT 06870  
203-637-1791, ext. 21

• PHYSICIAN REFERRAL SERVICE- Greenwich Hospital  
203-863-3627

• PULMONARY LAB  
203-863-3170

• PHYSICAL & OCCUPATIONAL MEDICINE  
203-863-3290

• THE RECOVERY PROGRAM  
203-863-4673, 24/7

• SPEECH PATHOLOGY  
203-863-3000

HEALTH CLINICS

• AMBULATORY SERVICES AT GREENWICH HOSPITAL  
5 Perryridge Road, Greenwich, CT 06830  
203-863-3408  
Website: www.greenwichhospital.org

• CENTER FOR VEIN RESTORATION  
1290 Summer Street Suite 2100, Stamford, CT 06905  
844-899-3749  
Website: www.centerforvein.com

• CVS “MINUTECLINICS”  
1-866-389-ASAP  
Website: www.cvs.com/minuteclinics

• COMMUNITY HEALTH CENER, INC.  
141 Franklin Street, Stamford, CT 06901  
203-969-0802  
Website: www.chc1.com

• FAMILY CENTERS HEALTH CLINIC  
111 Wilbur Peck Court, Greenwich 06830  
203-717-1760  
Website: www.familycenters.org
- FRANKLIN STREET COMMUNITY HEALTH CENTER
  141 Franklin Street, Stamford, CT 06801
  203-969-0802
  Website: www.chc1.com

- GERIATRIC PSYCHIATRY
  THE CENTER FOR HEALTH AGING AT GREENWICH HOSPITAL
  5 Perryridge Road, Greenwich, CT 06830
  203-863-4373
  Website: www.greenwichhospital.org

- GREENWICH DEPARTMENT OF HEALTH
  Department of Health Immunization Clinic
  Town Hall, 101 Field Point Road, 3rd Floor, Greenwich, CT 06836
  203-622-6495
  Website: www.greenwichct.org

- LION’S LOW VISION CENTER OF FAIRFIELD & NEW HAVEN COUNTIES, INC.
  TOLL FREE 866-319-9733
  Website: www.lionslowvisioncenters.org

- LION’S LOW VISION CENTER AT GREENWICH HOSPITAL
  PHYSICAL MEDICINE & REHABILITATION
  5 Perryridge Rd., Greenwich, CT 06830
  203-863-3290
  Website: www.greenwichhospital.org

- STAMFORD HEALTH URGENT CARE
  2001 West Main Street, Suite 100, Stamford, CT 06903
  203-276-8540

- VETERAN’S HEALTH & PRIMARY MEDICAL CARE CLINIC (Stamford Hospital)
  1275 Summer St. Suite 102 Stamford, CT 06905
  203-325-0649

- WALK-IN CENTER FOR CONVENIENT MEDICAL CARE
  1200 East Putnam Avenue, Riverside, CT 06878
  203-698-1419

- AFC Urgent Care
  3000 Summer Street, Stamford, CT 06805
  203-969-2000
  Website: www.stamfordteam@afcurgentcare.com

- WESTMED MEDICAL GROUP - URGENT CARE
  644 West Putnam Avenue – Ground Floor, Greenwich CT 06830
  203-210-2810
HEARING IMPAIRED

- BETTER HEARING AT HOME
  500 West Putnam Ave., Suite 400, Greenwich CT 06830
  203-542-7323
  Website: [www.betterhearingathome.com](http://www.betterhearingathome.com)

- BETTINA WOHLFORTH AUDIOLOGY
  100 Melrose Ave. Suite 200, Greenwich, CT 06830
  203-661-7879

- COMMISSION ON DEAF & HEARING IMPAIRED
  860-697-3570
  Website: [www.cdhi.ct.gov](http://www.cdhi.ct.gov)

- RELAY CONNECTICUT CAPTIONED TELEPHONE SERVICE
  800-743-1219 (Voice TTY)
  Website: [www.relayconnecticut.com](http://www.relayconnecticut.com)

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HOME CARE GUIDE

<table>
<thead>
<tr>
<th>Agency requires the following:</th>
<th>CT DOH Licensed Agency</th>
<th>Non DOH Licensed Agency</th>
<th>Placement Registry</th>
<th>Privately Hired Independent Contractor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requires Administrator, Clinical Director &amp; Nursing Care Coordinator</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Care Plans monitored by RN</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Registered Nurse on call 24/7</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>CT DOH makes unannounced visits</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Employee drug testing required</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Employee background checks</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Caregivers covered under Worker's Compensation</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Agency withholds employee taxes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
</tr>
</tbody>
</table>
• **How do I choose a home health agency?**
  Remember: When you are shopping for a home care agency, you are seeking a company that will assist you in providing for the health and safety of you or your loved one. Don’t be shy about asking any questions that come to mind. And don’t hesitate to ask a question more than once if you don’t remember the answer or if the first answer was incomplete or unsatisfactory.

• **License and Certification**: Is a state license required for the agency’s services? If an agency is supposed to have a state license, but does not, then you should look for another agency.

• **Is the agency certified by Medicare/Medicaid?**
  Certified by Medicare/Medicaid: Medicare and Medicaid will only pay for home care provided by a certified home care agency. In order to obtain certification, all home health care agencies that are approved for Medicare/Medicaid payment must meet specific state and federal requirements for patient care and financial management. Non-certification could indicate a problem.

• **Does the agency provide references?**
  The agency should provide, upon request, several professional references, including hospitals and social workers that have used their services. Obtain the specific names of individuals and their telephone numbers and call them.

• **Ability to Provide Services**
  • What services does the agency provide?
  • Can the agency provide all the services you need?
  • Will the agency provide a written description of services to be provided?
  • Does the agency provide confirmation or proof of malpractice and liability insurance?
  • Ask the agency if they will develop a personalized care plan designed to meet your individual needs and requirements as determined by your doctor, your family caregivers, the home care agency and you?
  • How often will this plan be revised and updated?
  • Are services available 24 hours, 7 days a week?
  • Would services begin immediately? If not, how long is the wait?
  • Can the agency make arrangements for the delivery and maintenance of all necessary medical equipment?
  • Can the agency provide training for use of any necessary medical equipment by family caregivers?
  • How long has the agency been providing home health services?
  • Is the agency inspected by an outside organization? Are the inspection reports available?

• **Agency Staff & Training**
  • Does the agency require and verify employee references?
  • What are the employee qualifications and their specific job descriptions?
  • Do the employees receive special training related to caring for home health patients? Is the training ongoing?

• **Costs**
  • What are the total costs of the services you require?
  • Is the agency certified to be paid by Medicare and Medicaid?
Does the agency bill Medicare or insurance companies directly?
Are you required to use the services for a minimum number of hours per day or per week?
Are there deposits, fees, or any extra costs besides those charged for each service?
How much of the cost will be covered by your insurance coverage and how much will you have to pay out-of-pocket?
If you have to pay part of the costs, will the agency provide a sliding scale based on income?
Does the agency provide payment plan options?
Are all cost and payment expectations in writing?
How often does the agency bill?

**HOME CARE: NON-MEDICAL**

Non-medical home care provides a variety of services that might include, but are not limited to, bathing, dressing, feeding and ambulation, planning and preparing meals, light housekeeping and laundry, medication assistance, transportation to activities, companionship and socialization, communication with family members and professionals, shipping and errands and pet care. They provide live-in or hourly care and include fees for service.

- **4 NURSES AT WORK**
  9 Michael Street, Norwalk, CT 06854
  203-854-6995
  Website: [www.4nursesatwork.com](http://www.4nursesatwork.com)

- **A PLACE FOR MOM**
  203-788-822
  Website: [www.aplaceformom.com](http://www.aplaceformom.com)

- **ALMOST FAMILY**
  1150 Summer Street 1st FL, Stamford, CT 06905
  203-969-0101
  Website: [www.almostfamily.com](http://www.almostfamily.com)

- **AMEDISYS HOME HEALTH**
  68 Southfield Ave., Stamford, CT 06902
  203-327-2680 or 866-327-5024
  Website: [www.amedisys.com](http://www.amedisys.com)

- **BRIGHTSTAR CARE OF STAMFORD**
  2009 Summer Street, Suite 209, Stamford, CT 06905
  203-883-8560
  Website: [www.brightstarcare.com/stamford](http://www.brightstarcare.com/stamford)
• BROOK’S HOMECARE
  134 Height Road, Darien, CT 06820
  203-655-3400
  Website: www.brookeshomecare.net

• CARE ON CALL, INC.
  253 East Putnam Avenue, Cos Cob, CT 06807
  203-324-2273

• CARING PEOPLE, INC
  155 East Ave., Suite 101, Norwalk, CT 06851
  203-956-7686
  Website: www.caringpeopleinc.com
  Senior living placement service.

• COMFORCARE
  259 Main Street, Suite 4, Stamford, CT 06901
  203-788-0177
  Website: www.comforcare.com/connecticut/stamford

• COMFORT KEEPERS
  124 East Ave., Norwalk, CT 06851
  203-629-5029
  Website: www.comfortkeepers.com
  Email: Greenwich@comfortkeepers.com

• COMPANIONS & HOMEMAKERS, INC.
  16 Ketchum Street, Westport, CT 06880
  203-259-8375
  Website: www.companionsandhomemakers.com
  Email: info@elderly-care.com

• COMPASS CARE
  777 Summer Street, Suite #303, Stamford, CT 06901
  855-535-2500
  Website: www.carewhenyouneedit.com

• CONNECTICUT IN-HOME ASSISTANCE
  2285 Reservoir Avenue, Trumbull, CT 06611
  855 412 2273
  Website: www.cthomecare.com

• CONSTELLATION HEALTH SERVICES
  14 Westport Avenue, Norwalk, CT 06851
  203-845-8000
  Website: www.constellation.com

• ELIZABETH’S HOME HEALTH CARE AGENCY
  127 Cedar Street, Branson, CT 06405
  203-488-8889
  Website: www.ehhca.com
• EURO HOMECARE, LLC.
  17 Pierce Street, Plainville, CT 06062
  860-793-9944
  Website: www.eurohomecare.net

• FAMILY & CHILDREN’S AGENCY HOMECARE
  140 Water Street, Norwalk, CT 06854
  203-831-2900, Fax: 203-831-2904
  Website: www.familyandchildrensagency.org

• FAMILY CARE PLUS
  2573 Main Street, Stratford, CT 06615
  877- 887-CARE
  Website: www.familycareplus.com

• FAMILY & CHILDREN’S AGENCY - HOMECARE
  140 Water Street, Norwalk, CT 06856
  203-831-2900
  Website: www.FamilyandChildrensAgency.org

• FIRSTLIGHT HOME CARE
  20 North Main Street, Norwalk, CT 06854
  203-636-3991
  Website: www.firstlighthomecare.com

• GREENWICH DEPARTMENT OF HUMAN SERVICES/HOMEMAKERS
  Town Hall, 101 Field Point Rd., Greenwich, CT 06830
  203-622-3801
  Website: www.greenwichct.org

• GREENWICH HOMECARE
  7 Benedict Place, Greenwich, CT 06830
  203-489-3333
  Website: www.greenwichhomecare.com
  Email: greenwichhomecare@greenwichhomecare.com

• HEAVENLY HEARTS HOME CARE
  P.O. Box 113149, Stamford, CT 06902
  203-243-9343 or 914-316-4430
  Website: www.Heavenlyheartshomecare.com
  Email: heavenlyheartshomecare@yahoo.com

• GREENWICH HOMECARE
  7 Benedict Place, Greenwich, CT 06830
  203-489-3333
  Website: www.greenwichhomecare.com
  Email: greenwichhomecare@greenwichhomecare.com
• HOMECARE BY RVNA
  90 East Ridge, Ridgefield, CT 06877
  203-894-5000
  Website: www.hcrvna.com

• HOME CARE ON CALL
  354 Pequot Ave., Southport, CT 06890
  203-292-3081 Fax; 203-955-1620
  Website: www.homecareoncallct.com

• HOME CHOICE SENIOR CARE
  21 Charles Street, Westport, CT 06880
  203-227-5040
  Website: www.homechoiceseniorcarect.com

• HOMEWATCH CAREGIVERS OF FAIRFIELD COUNTY
  30 Oakwood Ave, Norwalk, CT 06850
  203-900-8020
  Website: www.hwcg.com/norwalk

• HOME HELPERS
  15 East Putnam Ave #134, Greenwich, CT 06830
  203-680-9148
  Website: www.homehelpershomecare.com/greenwich

• HOME INSTEAD SENIOR CARE
  158 East Avenue, Norwalk, CT 06851
  203-853-0370
  Website: www.homeinstead.com

• HOMEWATCH CAREGIVER OF FAIRFIELD COUNTY
  30 Oakwood Ave, Norwalk, CT 06850
  203-900-8020
  Website: www.hwcg.com/norwalk

• HOMEWELL SENIOR CARE OF FAIRFIELD COUNTY
  40 Richards Ave., 3rd Floor, Norwalk, CT 06854
  203-404-5007
  Website: www.homewellseniorcare.com/fairfield

• INTERIM HEALTH CARE, INC.
  1177 High Ridge Road, Stamford, CT 06905
  203-309-0606
  Website: www.interimhealthcare.com

• JEWISH FAMILY SERVICE OF STAMFORD
  733 Summer Street, Stamford, CT 06901
  203-921-4161
  Website: www.ctjfs.org
  Email: info@ctjfs.org
- JEWISH SENIOR SERVICES-FRIEDMAN HOME CARE
  6400 Park Ave., Bridgeport, CT 06604
  203-365-6400
  Website: [www.jseniors.org](http://www.jseniors.org)

- PREMIER HOME HEALTH CARE of CT
  777 Summer Street, Suite 401, Stamford, CT 06901
  203-323-3000
  Website: [www.premierhomehealthcare.com](http://www.premierhomehealthcare.com)

- QUALITY CARE SERVICES, LLC.
  1698 Post Road, Westport, CT 06880
  203-227-4480
  Website: [www.qualitycareservices.com](http://www.qualitycareservices.com)

- RIGHT AT HOME
  7 Tokeneke Rd., Darien, CT 06820
  203-202-9488
  Website: [www.rightathome.net/darien/](http://www.rightathome.net/darien/)
  Email: info@homecarerah.com

- SENIOR HELPERS
  203-930-1589
  Website: [www.seniorhelpers.com](http://www.seniorhelpers.com)
  Email: fairfieldcounty@seniorhelpers.com

- STEPS HOME CARE
  2 Greenwich Office Park, Suite 300, Greenwich, CT 06831
  203-590-1060
  Website: [www.stepshomecare.com](http://www.stepshomecare.com)
  Email: info@stepshomecare.com

- STERLING CARE
  235 Glenville Road 3rd Floor, Greenwich, CT 06831
  203-532-0500
  Website: [www.sterlingcare.com](http://www.sterlingcare.com)
  Email: info@sterlingcare.com

- SYNERGY HOME CARE
  1200 Summer St. Suite 105, Stamford, CT 06905
  203-661-6969
  Website: [www.synergyhomecare.com](http://www.synergyhomecare.com)

- VISITING ANGELS
  1266 E. Main Street, Suite 700 Stamford, CT 06902
  203-658-8800
  Website: [www.visitingangels.com/stamford](http://www.visitingangels.com/stamford)

- WAVENY AT HOME
  3 Farm Road, New Canaan, CT 06840
  203-594-5249
  Website: [www.waveny.org](http://www.waveny.org)
HOME CARE: SKILLED NURSING SERVICES

Homecare with skilled nursing services can provide full service home care services that include Skilled Nurses, PT, OT and Speech Therapists, CNA's and Home Health Aides. Home health care consists of a wide range of skilled health care services that can be given in your home for an illness or injury.

- **AMEDISYS HOME HEALTH**
  68 Southfield Ave. Suite 215, Stamford, CT  06902
  203-327-2680
  Website: [www.amedisys.com](http://www.amedisys.com)

- **BAYADA NURSES**
  200 Connecticut Avenue, Norwalk, CT  06851
  203-854-5100
  Website: [www.bayada.com](http://www.bayada.com)

- **CONNECTICUT IN-HOME ASSISTANCE**
  2285 Reservoir Avenue, Trumbull, CT 06611
  855-412-CARE
  Website: [www.cthomecare.com](http://www.cthomecare.com)
  Email: info@cthomecare.com

- **GREENWICH HOME CARE**
  7 Benedict Place, Greenwich, CT  06830
  203-489-3333
  Website: [www.greenwichhomecare.com](http://www.greenwichhomecare.com)
  e-mail: greenwichhomecare@greenwichhomecae.com

- **PRIVATUS CARE SOLUTIONS**
  15 Valley Drive, Greenwich, CT  06831
  203-987-3083
  Website: [www.privatuscare.com](http://www.privatuscare.com)

- **REGALCARE AT GREENWICH**
  1188 King Street, Greenwich, CT 06831
  203-531-8300
  Website: [www.regalcaregreenwich.com](http://www.regalcaregreenwich.com)

- **RVNA (RIDGEFIELD VISITING NURSE ASSOCIATION)**
  90 East Ridge, Ridgefield, CT  06877
  203-438-5555
  Website: [www.ridgefieldvna.org](http://www.ridgefieldvna.org)
• STERLING CARE  
  235 Glenville Road, 3rd Floor, Greenwich, CT 06831  
  203-532-0500  
  Website: [www.sterlingcare.com](http://www.sterlingcare.com)  
  Email: [info@sterlingcare.com](mailto:info@sterlingcare.com)  

• UTOPIA HOME CARE INC  
  4697 Main Street, Bridgeport, CT 06606  
  800-227-3449 or 203-650-0324  
  Website: [www.utopiahomecare.com](http://www.utopiahomecare.com)  

• VISITING NURSE & HOSPICE OF FAIRFIELD COUNTY  
  761 Main Ave, Suite 114, Norwalk, CT 06851  
  800-898-HOME  
  Website: [www.visitingnurse.net](http://www.visitingnurse.net)  

• WAVENY HOME HEALTHCARE  
  3 Farm Road, New Canaan, CT 06840  
  203-594-5249  
  Website: [www.waenyhomehealthcare.org](http://www.waenyhomehealthcare.org)  
  or [www.waveny.org](http://www.waveny.org)  

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**HOSPICE CARE**

Hospice is a program and philosophy of care dedicated to improving the quality of life for both patients with advanced illness and their families. Home hospice services support a patient’s choice to remain at home and include: skilled nursing, physical and occupational therapies, home health aides, nutritional counseling, psychological and spiritual support and the companionship of dedicated volunteers.

• CONNECTICUT VNA  
  535 Connecticut Ave., Norwalk, CT 06854  
  888-482-8862, 203-831-8882, Greenwich satellite office 203-537-1393  
  Website: [www.connecticutvna.org](http://www.connecticutvna.org)  

• GREENWICH HOSPITAL HOME HOSPICE PROGRAM  
  500 West Putnam Ave., Suite 500, Greenwich, CT 06830  
  203-863-3883  
  Website: [www.greenwichhospital.com](http://www.greenwichhospital.com)  

• JEWSH SENIOR SEVICES-CHAFETZ FAMILY HOSPICE  
  4200 Park Ave., Bridgeport, CT 06604  
  203-396-1136  
  Website: [www.jseniors.org/hospice](http://www.jseniors.org/hospice)
• FAIRFIELD COUNTY HOSPICE HOUSE  
  1 Den Road, Stamford, CT 06903  
  203-323-1412  
  Website: www.fchospicehouse.org

• GREENWICH HOMECARE  
  7 Benedict Place, Greenwich, CT 06830  
  203-489-3333  
  Website: www.greenwichhomecare.com  
  Email: greenwichhomecare@greenwichhomecare.com

• MASONICARE HOME HEALTH & HOSPICE  
  104 South Turnpike Road, Wallingford, CT 06492  
  888-482-8862  Fax: 888-277-6796 General Questions 888-679-9997  
  Website: www.info@masonicare.org

• REGALCARE AT GREENWICH  
  1188 King Street, Greenwich, CT 06831  
  203-531-8300  
  Website: www.regalcaregreenwich.com

• UTOPIA HOME CARE INC.  
  500 Summer St., Stamford, CT 06902  
  203-388-0561  
  Website: www.utopiahomecare.com

• VISITING NURSE & HOSPICE OF FAIRFIELD COUNTY  
  P.O. Box 489, Wilton, CT 06897  
  203-762-8958 or 800-898-HOME  
  Website: www.visitingnurse.net  
  Email: info@visitingnurse.net

• VISITING NURSE AND HOSPICE CARE OF SOUTHWEST CONNECTICUT  
  1266 East Main Street, Stamford, CT 06902  
  203-276-3000  
  Website: www.vnhcsw.org

• VITAS INNOVATIVE HOSPICE CARE  
  99 Hawley Lane Suite 1204, Stratford, CT 06614-1204  
  203-455-3300 or 1-800-938-4827  
  Website: www.VITAS.com

• VISITING NURSE AND HOSPICE OF FAIRFIELD COUNTY  
  761 Main Avenue, Suite 114, Norwalk, CT 06851  
  800-898-HOME  
  Website: www.visitingnurse.net  
  Email: info@visitingnurse.net
HOUSING: ACCESSORY APARTMENTS

A resident homeowner may convert part of his/her home into a small apartment with kitchen. Either the apartment or main part of the house must be occupied by someone 62 years or older. Applications and further information regarding accessory apartment conversion can be obtained by visiting or calling the Planning & Zoning Commission at Town Hall.

- **PLANNING & ZONING COMMISSION**
  Town Hall, 101 Field Point Road, Greenwich, CT 06830
  203-622-7894
  Website: [www.greenwichct.org](http://www.greenwichct.org)

HOUSING: ASSISTED LIVING

Assisted living facilities offer a housing alternative for older adults who may need help with dressing, bathing, eating, etc.… but do not require the intensive medical and nursing care provided in nursing homes. Assisted living facilities may be part of a retirement community, nursing home, senior housing complex, or may stand-alone. Licensing requirements for assisted living facilities vary by state.

- **ASSISTED LIVING LOCATORS OF WESTERN CT**
  174 Round Hill Rd, Greenwich, CT 06831
  203-651-6866
  Website: [www.WesternCT.AssistedLivingLocators.com](http://www.WesternCT.AssistedLivingLocators.com)

- **ATRIA SENIOR LIVING - DARIEN**
  50 Ledge Road, Darien, CT 06820
  203-662-1090
  Website: [www.atriadarien.com](http://www.atriadarien.com)

- **ATRIA SENIOR LIVING - STAMFORD**
  77 Third Street, Stamford, CT 06905
  203-989-4916
  Website: [www.atriastamford.com](http://www.atriastamford.com)

- **BRIDGES BY EPOCH**
  123 Richards Avenue, Norwalk, CT 06854
  203-523-0510
  Website: [www.bridgesbyepoch.com](http://www.bridgesbyepoch.com)
- **BRIGHTON GARDENS OF STAMFORD** – Sunrise Senior Living  
  59 Roxbury Road, Stamford, CT 06902  
  203-322-2100  
  Website: [www.bgstamford.com](http://www.bgstamford.com)

- **THE BRISTAL** – ASSISTED LIVING  
  90 Business Park Drive, Armonk, NY 10594  
  914-269-2375  
  Website: [www.thebristal.com/armonk](http://www.thebristal.com/armonk)

- **CARE PATROL**  
  70 Sylvan Rd N, Westport, CT 06880  
  203-244-9562  
  Website: [www.carepatrolct.com](http://www.carepatrolct.com)

- **EDGEHILL**  
  122 Palmers Hill Road, Stamford, CT 06902  
  203-595-2315  
  Website: [www.edgehillcommunity.com](http://www.edgehillcommunity.com)

- **THE GREENS AT GREENWICH**  
  1155 King Street, Greenwich, CT 06831  
  203-531-5500, Daily  
  Website: [www.thegreensatgreenwich.com](http://www.thegreensatgreenwich.com)

- **THE KENSINGTON ASSISTED LIVING RESIDENCE**  
  100 Maple Avenue, White Plains, NY 10601  
  914-390-0080  
  Website: [www.thekensingtonal.com](http://www.thekensingtonal.com)  
  Email: concierge@kinsingtonsl.com

- **MAPLEWOOD AT DARIEN**  
  599 Boston Post Road, Darien, CT 06820  
  203-293-6872  
  Website: [www.maplewoodatdarien.com](http://www.maplewoodatdarien.com)

- **MAPLEWOOD AT STRAWBERRY HILL - NORWALK**  
  73 Strawberry Hill Avenue, East Norwalk, CT 06855  
  203-293-6554  
  Website: [www.maplewoodatstrawberryhill.com](http://www.maplewoodatstrawberryhill.com)

- **OASIS – SENIOR ADVISORS**  
  1127 High Ridge Road, Stamford, CT 06905  
  475-619-4123  
  Website: [www.FairfieldCounty.OasisSeniorAdvisors.com](http://www.FairfieldCounty.OasisSeniorAdvisors.com)  
  Email: thedoyles@youtoasisadvisor.com

- **THE OSBORN RETIREMENT COMMUNITY**  
  101 Theall Road, Rye, NY 10580  
  914-925-8000  
  Website: [www.osbornhomecare.org](http://www.osbornhomecare.org)
HOUSING: CONGREGATE & INDEPENDENT

Congregate/Independent Living is an arrangement for healthy older adults in which residents live in their own apartments and may take their meals in a common dining room, with various opportunities for socialization with other residents. Housekeeping and maintenance services are provided, but health maintenance services are scheduled independently by the residents. Congregate Living facilities are also referred to as Independent Living Facilities.
PARSONAGE COTTAGE SENIOR RESIDENCE
88 parsonage Road, Greenwich, CT 06830
203-869-6226
Website: www.parsonagecottage.org

HOUSING: NEIGHBORING COMMUNITIES

- Atria Rye Brook, NY: 914-939-2900 (Independent and Assisted)
  Atria Stamford, CT: 203-989-4916 (Independent and Assisted)
  Atria Darien, CT: 203-662-1090 (Independent and Assisted)
- Brighton Gardens, Stamford, CT: 203-322-2100 (Assisted)
- The Bristal, Armonk, NY: 914-269-2375 (Independent and Assisted)
- Edgehill Lifecare Community, Stamford, CT: 203-595-2315 (Independent and Assisted)
- The Inn, New Canaan, CT: 203-594-5450 (Independent)
- Maplewood at Darien, Darien, CT: 203-293-6872
- Maplewood at Strawberry Hill, Norwalk, CT: 203-293-6554
- The Osborn, Rye, NY: 914-925-8205 (Independent and Assisted)
- The Residence at Summer Street, Stamford, CT: 203-883-1510
- Ridgefield Crossings, Ridgefield, CT: 203-431-2255 (Independent and Assisted)
- Scofield Manor, Stamford, CT: 203-325-0200
- Sunrise Assisted Living, Stamford, CT: 203-968-8393 (Assisted)

HOUSING: PLACEMENT SERVICES

- A PLACE FOR MOM
  203-788-8922
  Website: www.aplaceformom.com

- ASSISTED LIVING DIRECTORY
  Website: www.assisted-living-directory.com/content/greenwich.cfm

- ASSISTED LIVING LOCATORS OF WESTERN CT
  174 Round Hill Rd, Greenwich, CT 06831
  203-651-6866
  Website: www.WesternCT.AssistedLivingLocators.com

- CARE PATROL
  70 Sylvan Rd N, Westport, CT 06880
  203-244-9562
  Website: www.carepatrolct.com
• CARING  
Riverside, CT  06878  
888-979-9528  
Website:  www.caring.com

• OASIS – SENIOR ADVISORS  
Lifestyle Options for Senior Living  
475-619-4123  
Website:  www.FairfieldCounty.OasisSeniorAdvisors.com

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**HOUSING: SENIOR**

• BISHOP CURTIS HOMES OF GREENWICH  
1040 East Putnam Avenue, Riverside, CT 06878  
203-637-8065

• GLADHAVEN  
10 Bishop Drive, South, Rye Brook, NY  10573  
914-939-5842  
Website:  www.gladhaven.org  
Email:  www.gladhaven1@optonline.net

• GREENWICH HOUSING AUTHORITY  
249 Milbank Avenue (Agnes Morley Heights), Greenwich, CT 06830  
203-869-1138  
Website:  www.greenwichhousing.org  
Agnes Morley Heights - 249 Milbank Avenue (1973 - 150 units)  
Quarry Knoll I - Quarry Knoll Drive (1962 - 50 units)  
Quarry Knoll II - Quarry Knoll Drive (1980 - 40 units)  
McKinney Terrace - Vinci Drive (1988 - 51 units)

• THE INN - Waveny LifeCare Network  
73 Oenoke Ridge, New Canaan CT 06840  
203-594-5450  
Website:  www.waveny.org

• PARSONAGE COTTAGE SENIOR RESIDENCE  
88 Parsonage Road, Greenwich, CT  06830  
203-869-6226  
Website:  www.parsonagecottage.org

• PAVILION HOUSE  
70 Parsonage Road, Greenwich CT.  06831  
203-618-4200
HOUSING:
SUPPORTIVE FOR DISABLED

- ABILIS
  50 Glenville Street, Greenwich CT 06831
  203.531.1880; Fax: 203.531.9367
  Website: www.abilis.us

- COMMUNITY CHOICES
  1-800-994-9422
  Website: www.ct.gov/community choices

- PATHWAYS, Inc.
  175 Milbank Avenue, Greenwich, CT 06830
  203-869-5656
  Website: www.pathways-greenwich.org

IN HOME SERVICES

- DOORBELL BARBAERS & SALON
  203-521-8450
  In home service.
  Website: www.doorbellbarbaers.com www:doorbellsalon.com

INFORMATION AND REFERRAL

Information and Referral (I&R) is the art, science, and practice of bringing people and services together.

- ALTICE
  844-358-3147
  Website: www.optimumconnects.com

- ASSISTED LIVING LOCATORS OF WESTERN CT
  174 Round Hill Rd, Greenwich, CT 06831
  203-651-6866
  Website: www.WesternCT.AssistedLivingLocators.com
• AT HOME IN GREENWICH
  139 East Putnam Avenue, Greenwich, CT  06830
  203-422-2342
  Website:  www.athomeingreenwich.org
  Email: director@athomeingreenwich.org

• BOARD OF EDUCATION AND SERVICES FOR THE BLIND
  184 Windsor Avenue, Windsor, CT 06095
  860-602-4000
  Website:  www.ct.gov/besb

• THE CAREGIVER RESOURCE CENTER
  P.O. Box 122, Cos Cob, CT 06807-0122
  203-861-9833

• COMMUNITY CHOICES
  1-800-994-9422
  WEBSITE:  www.ct.gov/communitychoices

• CONSUMER COMPLIANT HELPLINE-CT ATTORNEY GENERAL
  860-808-5318

• DENTAL ASSOCIATION OF AMERICA
  312-440-2500

• DEPARTMENT – CONSUMER AFFAIRS
  800-203-3447 or 860-297-3900
  Website:  www.ct.gov/cid

• Elayne James Schoke
  Jewish Family Service of Stamford
  733 Summer St. Stamford, CT  06901
  203-921--4161
  Website:  www.ctifs.org

• ELDERCARE LOCATOR
  800-677-1116
  Website:  www.eldercare.gov

• ELDERCARD MADE SIMPLE
  80 Fourth Street, Stamford, CT  06905
  203-388-8696
  Website:  www.Eldercaremadesimple.com

• GREENWICH COMMISSION ON AGING/FAMILY CENTERS, INC.
  HEALTH INSURANCE COUNSELING PROGRAM
  299 Greenwich Avenue, Greenwich, CT 06830
  203 862-6710
  Website:  www.greenwichct.org
• GROWING OPTIONS
  590D Heritage Vlg, Southbury, CT 06488
  203-258-2640
  Website: www.growingoptions.com
  Email: info@growingoptions.com

• INFOLINE 211
  Or 800-203-1234

• JM CARE MANAGEMENT
  P.O. Box 434 Riverside, CT 06878
  203-216-1635

• SBG SENIOR LIFE CONSULTANTS
  1511 Route 22 #257, Brewster, NY 10509
  914-220-2933
  Website: www.sbgseniorlifeconsultants.com

• SILVERSOURCE, INC.
  2009 Summer Street, Suite 301, Stamford, CT 06905
  203-324-6584
  Website: www.silversource.org

• SOUTHWESTERN CT AGENCY ON AGING, INC.
  1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
  203-333-9288 or 800-994-9422
  Website: www.swcaa.org

• STAMFORD SENIOR CENTER
  888 Washington Boulevard, Stamford, CT 06901
  203-977-5151
  Website: www.stamfordseniorct.org

• STATE OF CONNECTICUT: ATTORNEY GENERAL’S OFFICE
  55 Elm Street, Hartford, CT 06106
  860-808-5318
  Website: www.ct.gov/ag

• STERLING CARE
  235 Glenville Road, Greenwich, CT 06831
  203-532-0500
  Website: www.sterlingcare.com

• TEWES CARES ADULT, AGING & DISABILITY CARE MANAGER
  286 Lynn Pl., Ridgefield, CT 06877
  203-826-9206
  Website: www.TewesCares.com
• WESTCHESTER COUNTY DEPARTMENT OF SENIOR PROGRAMS AND SERVICES
  9 South First Avenue, 10th floor, Mt. Vernon, NY 10550-3414
  914-813-6400
  Website: http://seniorcitizens.westchestergov.com/

INSURANCE COUNSELING

• SOUTHWESTERN CT AGENCY ON AGING, INC. – CHOICES PROGRAM
  1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
  203-333-9288 or 800-994-9422
  Website: www.swcaa.org

LEGAL ASSISTANCE

• AIDS LEGAL NETWORK FOR CT (ALN)
  999 Asylum Avenue, 3rd Floor, Hartford, CT
  860-541-5000
  Website: www.ghla.org/aln
  Email: AIDSLegalNetwork@ghla.org

• ATTORNEY REFERRAL (American Bar Assoc.)
  203-285-2221

• BETTER BUSINESS BUREAU
  29 Berlin Rd., Cromwell, CT 06416
  860-740-4500
  Website: www.bbb.org/connecticut

• CENTER FOR MEDICARE ADVOCACY
  860-456-7790 or 800-262-4414
  Website: www.medicareadvocacy.org

• CONNECTICUT BAR ASSOCIATION
  Website: www.ctbar.org

• CONNECTICUT FAIR HOUSING CENTER
  221 Main Street, Hartford, CT 06106
  860-247-4400, 9 a.m. – 5:00 p.m. Monday - Friday
  Website: www.ctfairhousing.org
• CONNECTICUT LAW HELP  
   Website:  [www.CTLawHelp.org](http://www.CTLawHelp.org)

• CONNECTICUT LEGAL SERVICES  
   211 State Street PO Box 8400, Bridgeport, CT 06601  
   800-453-3320  
   Website:  [www.ctlegal.org](http://www.ctlegal.org)

• CONSUMER LAW PROJECT FOR ELDERS HOTLINE  
   800-296-1467  
   Website:  [www.ctelderlaw.org](http://www.ctelderlaw.org)

• CT DEPARTMENT OF SOCIAL SERVICES (ELDER SERVICES)  
   860-424-5274  
   Website:  [www.ctlawhelp.org](http://www.ctlawhelp.org)

• DEPARTMENT OF CONSUMER PROTECTION - CONNECTICUT  
   450 Columbus Blvd, Hartford, CT 06103  
   800-842-2649  
   Website:  [www.ct.gov](http://www.ct.gov)

• DOVETAIL RESOLUTIONS, LLC (MEDIATION/FACILITATION/CONSULTING)  
   24 Dixwell Avenue, #214, New Haven, CT 06511  
   203-887-1160  
   Website:  [www.dovetailresolutions.com](http://www.dovetailresolutions.com)  
   Email:  jb@dovetailresolutions.com

• EVICTION AND FORECLOSURE PREVENTION PROGRAM  
   860-270-8081  
   Website:  [www.ct.gov/doh/cwp](http://www.ct.gov/doh/cwp)

• FAIRFIELD COUNTY LAWYER REFERRAL SERVICE  
   1057 Broad Street, 4th Floor, Bridgeport, CT 06604  
   203-335-4116  
   Website:  [www.fairfieldlawyerreferral.com](http://www.fairfieldlawyerreferral.com)  
   [www.bridgeportbar.org/fairfield-county-lawyer-referral-service](http://www.bridgeportbar.org/fairfield-county-lawyer-referral-service)  
   Email:  LRService04@yahoo.com

• GREENWICH BAR ASSOCIATION  
   203-622-0993  
   Website:  [www.greenwichbar.org](http://www.greenwichbar.org)

• LEGAL ASSISTANCE FOR MILITARY RETIREES AND DEPENDENTS  
   Naval Legal Service Office  
   84 Grayling Avenue, Groton, CT 06349  
   860-694-3741  
   Website:  [cnic.navy.mil/newlondon](http://cnic.navy.mil/newlondon)
• Academy Legal Office  
U.S. Coast Guard Academy  
31 Mohegan Avenue, New London, CT 06320  
860-701-6795  
Website: www.CGALegal@uscg.mil

• LEGAL ASSISTANCE TO MEDICAL PATIENTS (LAMP)  
South Western Connecticut  
Connecticut Legal Services, Inc. (CLS)  
211 State Street, Bridgeport, Connecticut 06604  
800-809-4434 or 203-336-3851  
Website: www.ctlawhelp.org

• NATIONAL ACADEMY OF ELDER LAW ATTORNEY’S, INC.  
Website: www.naela.org

• NATIONAL ELDER LAW FOUNDATION  
520-881-1076  
Website: www.nelf.org

• STATEWIDE LEGAL SERVICES OF CONNECTICUT  
800-453-3320  
Bridgeport Office: 203-336-3851  
Stamford Office: 203-348-9216  
Website: www.slsct.org

• THE DISPUTE SETTLEMENT CENTER, INC.  
(DSC) of Connecticut (MEDIATION)  
5 Mott Ave, Suite 2, Norwalk, CT 06850  
203-831-8012  
Website: www.dscct.org

• THE NEW ENGLAND PENSION ASSISTANCE PROJECT  
888-425-6067 or 617-287-7307  
Website: www.umb.edu/pension

LEGAL - COURTS

• CT JUDICAIAL BRANCH/SUPERIOR COURT/HOUSING COURT  
17 Belden Avenue, Norwalk, Ct 06850  
203-846-4332

• GovEngine.com  
Federal, State and Local Government Site on the Internet  
Website: www.govengine.com

• STATE OF CONNECTICUT JUDICIAL BRANCE  
Website: www.jud.ct.gov
LIFE PLANNING: ADVANCE DIRECTIVES

What is an Advance Directive? An advance directive is a legal document through which you may provide your wishes concerning your health care and/or to appoint someone to act on your behalf. An Advance Directive will allow you to make your wishes known as far as what kind of medical treatment you want or don’t want, when you are unable to do so.

Advance Directives are prepared before any condition or circumstance occurs that causes you to be unable to actively make a decision about your health care.

In Connecticut, advance directives include:
• the living will and health care instructions
• the appointment of a health care representative

An informational packet “Your Rights to Make Health Care Decisions: A Summary of Connecticut Law” can be found by visiting the following sites:

- The Office of Attorney General George Jepsen
  Website: www.ct.gov/ag

- CONNECTICUT DEPARTMENT OF SOCIAL SERVICES
  Bureau of Aging, Community and Social Work Services
  Aging Services Division [State Unit on Aging]
  25 Sigourney Street, Hartford, CT 06106
  Website: www.ct.gov/agingservices

- GREENWICH HOSPITAL
  5 Perryridge Road, Greenwich, CT 06830
  203-863-3000
  Website: www.greenwichhospital.org

- SOUTHWESTERN CT AGENCY ON AGING, INC. – CHOICES PROGRAM
  1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
  203-333-9288 or 800-994-9422
  Website: www.swcaa.org
LONG TERM CARE: GREENWICH

Long-term care (LTC) is a variety of services which help meet both the medical and non-medical needs of people with a chronic illness or disability who cannot care for themselves for long periods.

- **COMFORCARE HOME CARE**
  259 Main Street, Suite 34, Stamford, CT 06901
  203-705-022
  Website: [www.comforcare.com/stamford](http://www.comforcare.com/stamford)

- **GREENWICH WOODS REHABILITATION & HEALTH CARE CENTER**
  1165 King Street, Greenwich, CT 06831
  203-531-1335
  Website: [www.greenwichwoods.com](http://www.greenwichwoods.com)
  Email: greenwichwoods@aol.com

- **THE NATHANIEL WITHERELL**
  70 Parsonage Road, Greenwich, CT 06830
  203-618-4232
  Website: [www.thenathanielwitherell.org](http://www.thenathanielwitherell.org)

- **REGALCARE AT GREENWICH**
  1188 King Street, Greenwich, CT 06831
  203-347-1302
  Website: [www.regalcaregreenwich.com](http://www.regalcaregreenwich.com)
  Email: info@RegalCare.com

LONG TERM CARE: NEIGHBORING COMMUNITIES

- **A PLACE FOR MOM**
  203-788-8922
  Website: [www.aplaceformom.com](http://www.aplaceformom.com)

- **ASSISTED LIVING LOCATORS OF WESTERN CT**
  174 Round Hill Rd, Greenwich, CT 06831
  203-651-6866
  Website: [www.WesternCT.AssistedLivingLocators.com](http://www.WesternCT.AssistedLivingLocators.com)

- **CARE PATROL**
  70 Sylvan Rd N, Westport, CT 06880
  203-244-9562
  Website: [www.carepatrolct.com](http://www.carepatrolct.com)
• THE ENCLAVE AT PORT CHESTER
  1000 High Street, Port Chester, NY 10573
  914-937-1200
  Website: www.theenclaverehab.com

• JEWISH SENIOR SERVICES
  4200 Park Ave., Bridgeport, CT 06604
  203-365 6400
  Website: www.jseniors.org

• KING STREET REHAB
  787 King Street, Rye Brook, NY 10573
  914-937-5800
  Website: www.kingstreetrehab.com
  Email: reception@kingstreetrehab.com

• LONG RIDGE POST-ACUTE CARE
  710 Long Ridge Road, Stamford, CT 06902
  203-329-4026
  Website: www.longridgepac.com

• OASIS – SENIOR ADVISORS
  Lifestyle Options for Senior Living
  1127 High Ridge Rd., Stamford, CT 06902
  475-619-4123
  Website: www.FairfieldCounty.OasisSeniorAdvisors.com

• ST. CAMILLUS HEALTH CENTER
  494 Elm Street, Stamford, CT 06902
  203-325-0200
  Website: www.stcamillus.com

• WAVENY CARE CENTER
  3 Farm Road, New Canaan CT 06840
  203-594-5200
  Website: www.waveny.org

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LONG TERM CARE:
SERVICES AND SUPPORT

• SOUTHWESTERN CT AGENCY ON AGING, INC. – CHOICES PROGRAM
  1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
  203-333-9288 or 800-994-9422
  Website: www.swcaa.org
Connecticut Home Care for Elders (CHCPE)
This program provides services to help eligible residents live in the community. Eligible applicants must be 65 years of age or older, be at risk of nursing home placement and meet the program’s financial eligibility criteria. To be at risk of nursing home placement means that the applicant needs assistance with critical needs such as bathing, dressing, eating, taking medications and toileting. CHCPE helps clients continue living at home instead of going to a nursing home. Each applicant’s needs are reviewed to determine if he/she may remain at home with the help of home care services.

Community Options (Medicaid waivers), including Personal Care Assistance, Acquired Brain Injury, Katie Beckett, Department of Developmental Services, Department of Mental Health and Addiction Services.

Money Follows the Person
If you or a loved one are in an institutionalized setting, such as a nursing home, and would like to learn more about your options to move to the community, Connecticut’s Money Follows the Person program may be able to help. The state offers assessment, case management and transition services to assist people based on their individual needs.

LONG TERM CARE: OMBUDSMAN PROGRAM

The Ombudsman Program is mandated by the Older Americans Act to protect the health, safety, welfare and rights of residents and applicants of nursing homes, residential care homes and assisted living communities. The Ombudsman investigates complaints from residents and family members and is responsible for monitoring state and federal laws and regulations affecting long term care residents and making recommendations for improvements. All Ombudsman activity is performed on behalf of and at the direction of these residents. Communication with residents, their family members or legal guardians is held in strict confidence.

- CONNECTICUT DEPARTMENT OF SOCIAL SERVICES REGIONAL OMBUDSMAN
  1057 Broad Street, Bridgeport, CT 06106
  203-551-5530
  Website: www.ct.gov/ltcop

- STATE DEPARTMENT ON AGING LONG TERM CARE OMBUDSMAN PROGRAM (LTCOP)
  55 Farmington Avenue | Hartford, CT 06105-3730
  860-424-5200
  Website: www.ct.gov/ltcop

- SOUTHWEST CT REGIONAL LONG TERM CARE OMBUDSMAN
  203-551-5531
The MEDICARE PROGRAM has four parts:
Traditional Medicare:
Part A (Hospital Insurance)
Part B (Medical Insurance)
Part C (Medicare Advantage) This is NOT a Medigap Plan
Part D (Rx Drug Coverage)

MEDICARE Parts A & B ENROLLMENT:
There are 3 types of “Enrollment Periods” for traditional Medicare Parts A & B.*

1. INITIAL ENROLLMENT: The INITIAL ENROLLMENT PERIOD for traditional Medicare is 7 months long. It begins three months before the month you turn 65, includes the month you turn 65 and ends three months after the month you turn 65.

2. SPECIAL ENROLLMENT PERIOD: SPECIAL ENROLLMENT PERIODS apply for those who are still working at age 65 and have coverage through their employer or through their spouse's active employment. A SPECIAL ENROLLMENT PERIOD begins the month after the employee coverage ends or employment ends (whichever comes first) and lasts for eight months.

3. GENERAL ENROLLMENT PERIOD: The GENERAL ENROLLMENT PERIOD occurs the first 3 months of every year (January 1 to March 31st). You may enroll during these three months but your Part B coverage won't begin until July 1st of that year. A penalty will be assessed for late enrollment. Individuals on Medicare Savings Programs obtain Medicare Part B on the date the State starts paying for the Part B premium.

Website: www.medicare.gov

*Enrollment in Medicare is handled by the Social Security Administration

MEDICARE PART D (Rx Drug Coverage) & MEDICARE ADVANTAGE (Medicare C) ANNUAL ELECTION PERIODS:
The ANNUAL ELECTION PERIODS for Medicare D and Medicare Advantage Plans occurs October 15th through December 7th of every year. Coverage begins January 1st of the following year. A late enrollment penalty applies if you did not enroll during your INITIAL ENROLLMENT PERIOD and don't qualify for a SPECIAL ENROLLMENT PERIOD (Medicare Savings Programs recipients are not subject to late enrollment fees.)

MEDICARE ADVANTAGE PLAN DISENROLLMENT:
The 45 day disenrollment period begins January 1st and ends February 14th. The Annual Disenrollment period is designed to allow you to do one thing: Cancel your Medicare Advantage Plan membership and return to original Medicare. Once you cancel your Medicare Advantage Plan you have a couple of choices.
Return to traditional Medicare and purchase a stand-alone Part D Plan.
Purchase a Medigap policy and a stand-alone Part D Plan.

- **MEDICARE SAVINGS PROGRAMS:**

  Medicare Savings Programs are a group of programs that provide financial assistance in paying Medicare premiums and in some cases co-pays and deductibles. There are three MSP programs each with their own income guidelines. The programs are:
  - QMB (Qualified Medicare Beneficiary)
  - SLMB (Specified Low Income Medicare Beneficiary)
  - ALMB (Additional Low Income Medicare Beneficiary)

- **CENTER FOR MEDICARE ADVOCACY, INC.**
  11 Ledgebrook Dr, Mansfield Center, CT 06250
  860-456-7790
  Website: [www.medicareadvocacy.org](http://www.medicareadvocacy.org)

- **CONNECTICUT-DEPT. OF SOCIAL SERVICES – REGIONAL OBDUSMAN**
  1057 Broad Street, Bridgeport, CT 06106
  203-551-5530
  Website: [www.ctgov/itcop](http://www.ctgov/itcop)

- **HEALTH INSURANCE COUNSELING PROGRAM**
  Greenwich Commission on Aging/Family Centers, Inc.
  299 Greenwich Avenue, Greenwich, CT 06830
  203 862-6710
  Website: [www.greenwichct.org](http://www.greenwichct.org)

- **MEDICARE**
  2 Landmark Square, Suite 105, Stamford, CT 06901
  866-770-1881 or 800-772-1213
  Website: [www.ssa.gov](http://www.ssa.gov) - Social Security Administration
  Website: [www.medicare.gov](http://www.medicare.gov) - Medicare

- **MEDICARE ISSUES HOTLINE**
  800-633-4227
  WEBSITE: [www.medicare.gov](http://www.medicare.gov)

- **SOUTHWESTERN CT AGENCY ON AGING, INC. – CHOICES PROGRAM**
  1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
  203-333-9288 or 800-994-9422
  Website: [www.swcaa.org](http://www.swcaa.org)
MEDICARE SUPPLEMENTAL INSURANCE &
LONG TERM CARE INSURANCE

- HEALTH INSURANCE COUNSELING PROGRAM
  Greenwich Commission on Aging/Family Centers, Inc.
  299 Greenwich Avenue, Greenwich, CT 06830
  203 862-6710
  Website: www.greenwichct.org

- SOUTHWESTERN CT AGENCY ON AGING, INC. – CHOICES PROGRAM
  1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
  203-333-9288 or 800-994-9422
  Website: www.swcaa.org

MEDICAID TITLE 19

Website: www.medicaid.gov

- CT DEPARTMENT OF SOCIAL SERVICES (ELDER SERVICES)
  860-424-5274
  Website: www.ctlawhelp.org

- MEDICAID TITLE 19 – State Department of Social Services/CT
  55 Farmington Avenue, Hartford, CT 06105-3730
  866-663-9300 or 203-251-9300
  Website: www.ct.gov/dss

- THE MEDICAID WAIVERS
  CT has seven Medicaid waivers also known as 1915 (c) waivers. These are individual service packages that allow individuals who are at a skilled nursing home level of care to receive long term care services in the community with home and community based services. Although all waivers have the same income and asset qualifications, they don’t all have the same functional and diagnostic criteria in order to qualify. Extensive waiting lists apply for many of the waivers except the CT Home Care Program for Elders and WISE program.

- CONNMAP (Medical Assignment) ConnMAP is the Connecticut Medicare Assignment Program. It is open to Connecticut residents enrolled in Medicare Part B (people over age 65 and qualifying younger disabled people). Participants receive a ConnMAP card, which they show to providers prior to treatment.
  25 Sigourney Street, Hartford, CT 06106
  800-443-9946, 860-424-4925
ConnPACE: Connecticut Pharmaceutical Assistance Program for the Elderly
The Connecticut Pharmaceutical Assistance Contract for the Elderly and Disabled Program is more commonly referred as to ConnPACE. This program provides financial assistance to non-Medicaid eligible seniors to help them afford their out-of-pocket, prescription drug co-payments and premiums. Assistance is provided to both individuals with one-time prescription needs for a specific illness as well as to those with chronic conditions that require ongoing medications such as for diabetes.

This program is known as a Medicare wraparound program which means the benefits wrap around those benefits provided by a Medicare Part D plan. When making a prescription purchase, Medicare Part D is the first payer and then this program contributes towards those costs the Part D plan does not cover.

GREENWICH COMMISSION ON AGING
299 Greenwich Avenue, Greenwich, CT 06830
203 862-6710
Website: www.greenwichct.org

GREENWICH DEPARTMENT OF HUMAN SERVICES
Town Hall, 101 Field Point Road, Greenwich, CT 06830
203-622-3800
Website: www.greenwichct.org

MEDICAID/TITLE 19
866-663-9300 or 203-251-9300

SOUTHWESTERN CT AGENCY ON AGING, INC. – CHOICES PROGRAM
1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
203-333-9288 or 800-994-9422
Website: www.swcaa.org

MEDICAL EQUIPMENT & SUPPLIES

ACCESS INDEPENDENCE
203-378-6977 Ext. 111
Website: www.accessinct.org

R.A. CALDWELL CO., INC.
474 West Main St., Stamford, CT 06902
203-348-0174
Website: www.caldwellhomecare.com

DIAMOND POINT DIABETIC SUPPLIES, INC.
888-349-6436
Website: www.diamondpointds.com
• NEAT CENTER (New England Assistive Technology)
  33 Coventry St. Hartford, CT 06112
  860-242-2274
  Website: www.oakhillct.org/NEAT-Center

MEDICATION DISPOSAL

• DISPOSITION OF MEDICATIONS
  Greenwich Public Safety Complex (Greenwich Police Building)
  11 Bruce Place, Greenwich, CT 06830
  203-622-8007

MENTAL HEALTH HOTLINES & SERVICES

• Southwestern Connecticut 24-Hour Crisis Intervention Line: 800-586-9903

• DuBois Center Crisis Hotline: 203-358-8500 24x7 mobile crisis access at F.S. Dubois Center.

• COMMUNITY HEALTH CENTER
  141 Franklin Street, Stamford, CT 06902
  203-969-0802
  Website: www.chc1.com

• GREENWICH CENTER FOR HOPE AND RENEWAL
  237 Taconic Rd., Greenwich, CT 06831
  203-340-9816
  Website: www.hopeandrenewal.org

• PATHWAYS, Inc.
  175 Milbank Avenue, Greenwich, CT 06830
  203-869-5656
  Website: www.pathways-greenwich.org

• Greater Bridgeport Community Health Center, Bridgeport (Inpatient, Outpatient):
  800-586-9903

• Bridgeport Hospital REACH Program, Bridgeport (Inpatient, Outpatient):
  203-384-3377

• Catholic Charities of Fairfield County, Bridgeport (Outpatient): 203-416-1318

• CT Self Help Network; The Consultation Center, Whitney Ave., New Haven:
MONEY FOLLOWS THE PERSON

A Federally funded initiative dedicated to assuring Connecticut residents access to a full range of high quality, long-term care options that maximize autonomy, choice and dignity. Money Follows the Person gives individuals residing in institutions such as skilled nursing facilities and chronic disease hospitals, the option of returning to the community to live with home and community based services. No age limit, however, an individual must be institutionalized for at least three months and must be on or eligible for Medicaid.

- CONNECTICUT DEPARTMENT OF SOCIAL SERVICES
  888-992-8637
  Website: www.ct.gov/dss

- GREENWICH DEPARTMENT OF HUMAN SERVICES
  Town Hall, 101 Field Point Road, Greenwich, CT 06830
  203-622-3800
  Website: www.greenwichct.org

- SOUTHWESTERN CT AGENCY ON AGING, INC.
  1000 Lafayette Blvd., 9th Floor, Bridgeport, CT 06604
  203-333-9288 or 800-994-9422
  Website: www.swcaa.org

MORTGAGE LOAN INFORMATION

- MORTGAGE LOAN.COM
  Website: www.mortgageloan.com
ORGANIZATIONAL ASSISTANCE

- A TO Z NATIONAL MOVING MANAGEMENT SERVICES FOR SENIORS
  917-434-3137
  Email: atozservices10021@gmail.com

- GOCLUTTERLESS
  347-585-3422
  Website: www.goclutterless.com
  Email: goclutterless@gmail.com

- DE CLUTTER BY DEIRDRE - A SENIOR MOVE MANAGEMENT COMPANY
  203-733-1073
  Website: www.declutterbydeirdre.com

- MATT BAIER ORGANIZING – TEAM CLUTTER RELIEF
  203-428-6294
  Website: www.mattbaier.com

- QUALIESSENCE
  600 Mamaroneck Ave., Suite 400, Harrison, NY 10528
  844-782-5448
  Website: www.qualiessence.com
  Email: info@qualiessence.com

- UNDER CONTROL
  5 Pocantico Road, Ossining, NY 10562
  914-923-1057
  Email: undercontrol@mindspring.com

PHARMACIES (THAT DELIVER!)

- FINCH PHARMACY
  263 Glenville Road, Greenwich, CT 06830
  203-531-8494
  Website: www.finchpharmacy.com
GREENWICH PHARMACY
116 Greenwich Ave, Greenwich, CT 06830
203-661-2721
Website: www.greenwichrx.com

GREENVIEW PHARMACY
13 N Water Street, Greenwich, CT 06830
203-531-3323
Website: www.greenviewpharmacy.com
Email: greenviewpharmacy@gmail.com

GRANNICKS
277 Greenwich Ave, Greenwich, CT 06830
203-869-3492
Website: www.grannickspharmacy.com

NORTH STREET PHARMACY
1043 North Street, Greenwich, CT 06830
203-869-2130
Website: www.northstreetpharmacy.com

PROTECTIVE SERVICES FOR THE ELDERLY

Protective Services for the Elderly (PSE) is designed to safeguard people 60 years and older from physical, mental and emotional abuse, neglect and abandonment and/or financial abuse and exploitation.

GREENWICH DEPARTMENT OF HUMAN SERVICES
Town Hall, Third Floor, 101 Field Point Road, Greenwich, CT 06830
203-622-3800
Website: www.greenwichct.org

JEWISH SENIOR SERVICES – THE CENTER FOR ELDER ABUSE PREVENTION & EMERGENCY SHELTERING
203-396-1097
Website: www.jseniors.org

CT PROTECTIVE SERVICES FOR THE ELDERLY (PSE)
STATE OF CONNECTICUT DEPARTMENT OF SOCIAL SERVICES
888-385-4225
Website: www.ct.gov/dss
This program is designed to safeguard people 60 years and older from physical, mental and emotional abuse, neglect and abandonment and/or financial abuse and exploitation. DSS social workers devise a plan of care aimed at assuring an elder’s safety while preserving the person’s right of self-determination. Staff may help the
person remain in the living situation he or she prefers, safeguard legal rights, prevent bodily injury or harm, determine service needs and then mobilize resources to provide necessary services. The Social Work service plan may include crisis intervention, arranging for and coordinating any of the following services: adult daycare, companionship, counseling, homemaker, home health care, home-delivered meals, long-term care or, if necessary, emergency convalescent placement. In extreme cases, DSS can seek court authorization to provide services to a person who appears to “lack the capacity” to give consent to reasonable and necessary services to assure personal safety. Under certain circumstances, the Department may apply to the Probate Court for the appointment of a Conservator whose role is to make decisions on behalf of an incompetent person.

- **To report cases of suspected abuse, neglect or exploitation, call:**
  - In-State referral line: 888-385-4225
  - Bridgeport Office: 203-551-2701
  - Stamford Office: 203-251-9392
  - Out of State, call Infoline: 800-203-1234

- **After Hours Elder Abuse Emergencies call:**
  - In State call Infoline: 211
  - Out of State, call Infoline: 800-203-1234

- **State of CT, Office of Protection & Advocacy for People with Disabilities**
  60 B Weston Street, Hartford, CT
  860-297-4300

- **DOMESTIC VIOLENCE HOTLINES**
  - Statewide 24 Hour Hotline: 888-774-2900
  - Stamford 24 Hour Hotline: 203-588-9096
  - Center for Women & Families of Eastern Connecticut
  - Bridgeport, CT: 203-384-9559 (24 Hour Hotline)

- **GREENWICH POLICE DEPARTMENT**
  11 Bruce Place, Greenwich, CT 06830
  203-622-8007
  Website: [www.greenwichct.org](http://www.greenwichct.org)

- **MENTAL HEALTH ASSOCIATION OF CONNECTICUT**
  4270 Main Street, Bridgeport, CT 06606
  203-365-8444, x3008

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**REHABILITATION SERVICES**

- **AMERICAN CANCER SOCIETY – Reach to Recovery**
  372 Danbury Rd., Wilton, CT 06987
  800-227-2345 or 203-563-0740
  Website: [www.cancer.org](http://www.cancer.org)
- BURKE REHABILITATION CENTER
  785 Mamaroneck Avenue, White Plains, NY 10605
  914-597-2500 or 888-99-BURKE
  Website: www.burke.org

- CASSENA CARE AT STAMFORD
  53 Courtland Avenue, Stamford, CT 06902
  203-351-8300
  Website: www.cstamnrc.com

- THE ENCLAVE AT PORT CHESTER
  1000 High Street, Port Chester, NY 10573
  914-937-1200
  Website: www.theenclaverehab.com

- GREENWICH HOSPITAL PHYSICAL MEDICINE
  5 Perryridge Road, Greenwich, CT 06830
  203-863-3290
  Website: www.greenwichhospital.org

- GREENWICH WOODS REHABILITATION & HEALTH CARE CENTER
  1165 King Street, Greenwich, CT 06831
  203-531-1335
  Website: www.greenwichwoods.com
  Email: greenwichwoods@aol.com

- HEALTH SOS PHYSICAL & OCCUPATIONAL THERAPY
  31 River Road, Suite 100, Cos Cob, CT 06807
  203-769-1781

- HIGH QUALITY HOME THERAPY LLC
  30 Buxton Farm Road, Suite 230, Stamford, CT 06905
  203-212-4191
  Website: www.hqhtherapy.com
  Email: info@hqhtherapy.com

- THE KENSINGTON ASSISTED LIVING RESIDENCE
  100 Maple Avenue, White Plains, NY 10601
  914-390-0080
  Website: www.thekensingtonal.com
  Email: concierge@kinsingtonsli.com

- KING STREET REHAB
  787 King Street, Rye Brook, NY 10573
  914-937-5800
  Website: www.kingstreethab.com
  Email: reception@kingstreethab.com
• **LARAINE CAPLAN PT**  
  500 West Putnam Ave, Greenwich, CT 06830  
  203-869-5546

• **LONG RIDGE POST-ACUTE CARE**  
  710 Long Ridge Road, Stamford, CT 06902  
  203-329-4026  
  Website: [www.longridgepac.com](http://www.longridgepac.com)

• **THE NATHANIEL WITHERELL**  
  70 Parsonage Road, Greenwich, CT 06830  
  203-618-4232  
  Website: [www.greenwichct.org/NathanielWitherell](http://www.greenwichct.org/NathanielWitherell)

• **OAS ORTHOPAEDIC ASSOCIATES WESTMED MEDICAL GROUP**  
  1281 East Main Street, Stamford, CT 06902  
  203-210-2830  
  Website: [www.westmedgroup.com](http://www.westmedgroup.com)

• **ONS PHYSICAL THERAPY**  
  10 Valley Drive, Greenwich, CT 06830  
  203-869-1145  
  Website: [www.onsmd.com](http://www.onsmd.com)

• **REGALCARE AT GREENWICH**  
  1188 King Street, Greenwich, CT 06831  
  203-531-8300  
  Website: [www.regalcaregreenwich.com](http://www.regalcaregreenwich.com)

• **REHABILITATION SERVICES AT WAVENY CARE CENTER**  
  3 Farm Road, New Canaan CT 06840  
  203-594-5340  
  Website: [www.waveny.org](http://www.waveny.org)

• **SAR PHYSICAL THERAPY**  
  355 North Street, Greenwich, CT 06830  
  212-517-3440

• **SOUND PHYSICAL THERAPY**  
  280 Railroad Ave, Greenwich, CT 06830  
  203-276-0393

• **STAMFORD HEALTH PT**  
  469 West Putnam Ave, Greenwich, CT 06830  
  203-869-5546  
  Website: [www.stamfordhealth.org](http://www.stamfordhealth.org)

• **STAMFORD - REHABILITATION HOSPITAL**  
  30 Shelburne Rd., Stamford, CT 06902  
  203-353-2233
• **TULLY HEALTH CENTER**
  32 Strawberry Hill, Stamford, CT 06902
  203-276-2000
  Website: [www.stamfordhealth.org](http://www.stamfordhealth.org)

• **WILLIAM A. OETTING PT**
  5 Edgewood Ave, Greenwich, CT 06830
  203-661-1430

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**RETIREMENT & PENSION ASSISTANCE**

• **SOCIAL SECURITY ADMINISTRATION**
  2 Landmark Square, Suite 105, Stamford, CT 06901
  866-770-1881; 800-772-1213
  Website: [www.ssa.gov](http://www.ssa.gov)

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**SAFETY: DRIVER**

• **AARP 55 ALIVE DRIVING COURSE**
  Greenwich Hospital, 5 Perryridge Road, Greenwich, CT 06830
  203-863-4277 or 888-305-9253

• **BURKE REHABILITATION CENTER-DRIVER EVALUATION PROGRAM**
  785 Mamaroneck Avenue, White Plains, NY 10605
  914-597-2500, 914-597-2326 or toll free 888-992-8753
  Website: [www.burke.org](http://www.burke.org)

• **MASONICARE’S CENTER FOR OPTIMAL AGING – DRIVING ASSESSMENT**
  22 Masonic Avenue, Wallingford, CT 06492
  203-679-5900 or 888-679-9997

• **AAA SENIOR DRIVING**
  Driver Improvement Courses for Older Adults
  Website: [www.SeniorDriving.AAA.com](http://www.SeniorDriving.AAA.com)
SAFETY: HOME

- FAMILY & CHILDREN’S AGENCY PERSONAL ALERT SERVICE
  9 Mott Avenue, Norwalk, CT 06850
  203-853-3116, 1-800-330-9747, Fax: 203-831-2904
  Website: www.familyandchildrensagency.org

- FILE OF LIFE
  Greenwich Emergency Medical Service (GEMS)
  1111 East Putnam Avenue, Riverside, CT 06878
  203-637-7505
  Website: www.greenwichems.org

- AMERICAN ASSOCIATION OF POISON CONTROL
  800-222-1222
  Website: www.PoisonHelp.org

- NONNATECH
  76 Progress Drive, Suite 235F, Stamford CT, 06902
  888-446-6147
  Website: www.nonnatech.com

- SAFETynet BY LOJACK TM
  877-434-6384
  Website: www.safetynetbylojack.com
  Website: www.ct.gov/brs

- CEREBRAL PALSY OF WESTCHESTER
  DAVID G. OSTERER CENTER (CPW)
  1186 King Street, Rye Brook NY 10573
  914-917-3800
  Website: www.cpwestchester.org
  Email: info@cpwestchester.org

- CONNECTICUT DEPARTMENT OF DEVELOPMENTAL SERVICES
  460 Capitol Ave., Hartford, CT
  860-418-6000
  Website: www.ct.gov/dds
  Email: ddsct.co@ct.gov

- PATHWAYS, Inc.
  175 Milbank Avenue, Greenwich, CT 06830
  203-869-5656
  Website: www.pways.org
  Email: info@pways.org
SOCIALIZATION, RECREATION & EDUCATION

- **ADULT DAY PROGRAM AT WAVENY CARE CENTER**
  3 Farm Road, New Canaan, CT  06840
  203-594-5200
  Website:  [www.waveny.org](http://www.waveny.org)

- **AMERICAN ASSOCIATION OF RETIRED PERSONS, CT (AARP)**
  21 Oak Street, Suite 104, Hartford, CT  06106
  860-240-7544

- **AT HOME IN GREENWICH**
  139 East Putnam Avenue, Greenwich, CT  06830
  203-422-2342
  Website:  [www.athomeingreenwich.org](http://www.athomeingreenwich.org)
  Email:  director@athomeingreenwich.org

- **CHARTER OAK PASS**
  State of Connecticut, Dept. of Environmental Protection, State Parks Division
  79 Elm Street, Hartford, CT 06106-5127
  860-424-3200

- **COMMUNITY CENTERS, INC. (CCI)**
  61 East Putnam Avenue, Greenwich, CT 06830
  203-869-1276
  Website:  [www.ccigreenwich.org](http://www.ccigreenwich.org)

- **COMMUNITY HEALTH AT GREENWICH HOSPITAL**
  203-863-4444
  Website:  [www.greenwichhospital.org](http://www.greenwichhospital.org)

- **DEPARTMENT OF PARKS AND RECREATION**
  Town Hall, Second Floor, 101 Field Point Road, Greenwich, CT 06830
  203-622-7814
  Website:  [www.greenwichct.org](http://www.greenwichct.org)

- **EDUCATION AND EMPLOYMENT INFORMATION CENTER**
  61 Woodland Street, Hartford, CT 06105
  860-947-1810
  Website:  [www.edinfo@ctohe.org](http://www.edinfo@ctohe.org)

- **FRIENDLY CONNECTIONS FAMILY CENTERS, INC.**
  20 Bridge Street, Greenwich, CT 06830
  203-629-2822
  Website:  [www.familycenters.org](http://www.familycenters.org)
• GOLDEN AGE PASSPORTS
USDA Forest Service
1400 Independence Ave, Washington, DC 20250-1111
800-882-1355

• GREENWICH CONTINUING EDUCATION
Havemeyer Building, 290 Greenwich Avenue, Greenwich, CT 06830
203-625-7474, 7475, 7476

• GREENWICH LIBRARY
Website: www.greenwich.lib.ct.us
Branches: Byram Shubert Library, 21 Mead Ave., Byram: 203-531-0426
Cos Cob Library, 5 Sinawoy Rd., Cos Cob: 203-622-6883
Greenwich Library, 101 West Putnam Avenue: 203-622-7900

• GREENWICH SENIOR CENTER
299 Greenwich Avenue, Greenwich, CT 06830
203-862-6700
Website: www.greenwichct.org/seniors

• INSTITUTE FOR RETIRED PROFESSIONALS
School of Continuing Education, Fairfield University
200 Barlow Road, Fairfield, CT 06430
888-254-1566 or 203-254-4220

• LIFETIME LEARNERS INSTITUTE
Norwalk Community Technical College,
188 Richard Avenue, Norwalk, CT 06854
203-857-3330

• MEMORY CAFÉ
First United Methodist Church (Between High Ridge and Long Ridge Roads),
Stamford, CT
203-322-7549

• OLD GREENWICH RIVERSIDE COMMUNITY CENTER
Civic Center, Second Floor, Harding Road, Old Greenwich, CT 06870
203-637-3659

• PERROT MEMORIAL LIBRARY
90 Sound Beach Avenue, Old Greenwich, CT 06870
203-637-1066
Website: www.perrotlibrary.org

• ROAD SCHOLAR (Formerly Elderhostel)
80 Boylston Street, Suite 400, Boston, MA 02116
800-443-9946 or 877-426-8056 or 617-426-7788
• RIVER HOUSE ADULT DAY CENTER  
  125 River Road Ext., Cos Cob, CT 06807  
  203-622-0079  
  Website: www.theriverhouse.org

• STAMFORD SENIOR CENTER  
  888 Washington Boulevard, Stamford, CT 06901  
  203-977-5151  
  Website: www.stamfordseniorct.org

• UCONN/Stamford  
  1 University Place, Stamford, CT 06901  
  203-251-8400

• YMCA  
  50 East Putnam Avenue, Greenwich, CT 06830  
  203-869-1630  
  Website: www.greenwichymca.org

• YWCA  
  259 East Putnam Avenue, Greenwich, CT 06830  
  203-869-6501  
  Website: www.ywcagreenwich.org

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SPEECH & LANGUAGE PATHOLOGY

• GREENWICH HOSPITAL SPEECH PATHOLOGY  
  5 Perryridge Road, Greenwich, CT 06830  
  203-863-3000  
  Website: www.greenwichhospital.org

• HIGH QUALITY HOME THERAPY LLC  
  30 Buxton Farm Road, Suite 230, Stamford, CT 06905  
  203-212-4191  
  Website: www.hqhtherapy.com  
  Email: info@hqhtherapy.com

• REGALCARE AT GREENWICH  
  1188 King Street, Greenwich, CT 06831  
  203-531-8300  
  Website: www.regalcaregreenwich.com

• SPEECH & LANGUAGE PROFESSIONALS, LLC.  
  2437 Bedford St. Suite C6, Stamford CT 06905  
  203-613-5103
SUPPORT GROUPS

- **AMERICAN CANCER SOCIETY – Reach to Recovery**
  372 Danbury Rd., Wilton, CT 06987
  800-227-2345 or 203-563-0740
  Website: [www.cancer.org](http://www.cancer.org)

- **APHASIA SUPPORT GROUP/GREENWICH HOSPITAL**
  203-863-3240
  Website: [www.greenwichhospital.org](http://www.greenwichhospital.org)

- **BEREAVEMENT SUPPORT GROUP**
  Greenwich Hospital Home Hospice
  203-863-3883
  Website: [www.greenwichhospital.org](http://www.greenwichhospital.org)

- **BRIDGES BY EPOCH**
  123 Richards Avenue, Norwalk, CT 06854
  203-523-0510
  Website: [www.bridgesbyepoch.com](http://www.bridgesbyepoch.com)

- **CANCERCARE**
  111 East Avenue/ Suite #207, Norwalk, CT 06851
  203-854-9911 1-800-813 HOPE (4673)
  Website: [www.ctinfo@cancercare.org](http://www.ctinfo@cancercare.org)

- **CAREGIVER SUPPORT GROUP AT WAVENY CARE CENTER**
  3 Farm Road, New Canaan, CT 06840
  203-594-5200
  Website: [www.waveny.org](http://www.waveny.org)

- **CEREBAL PALSY**
  800-872-5827

- **FAMILY CENTERS / CENTER FOR HOPE**
  590 Post Road, Darien, CT 06820
  203-655-0547
  Website: [www.familycenters.org](http://www.familycenters.org)

- **FAMILY CENTERS, INC.**
  20 Bridge Street, Greenwich CT 06830
  203-629-2822
  Website: [www.familycenters.org](http://www.familycenters.org)

- **GREENWICH CENTER FOR HOPE AND RENEWAL**
  237 Taconic Road, Greenwich, CT 06831
  203-340-9816
  Website: [www.hopeandrenewal.org](http://www.hopeandrenewal.org)
• GREENWICH HOSPITAL – Caregiver Support Group
  Center for Healthy Aging
  5 Perryridge Rd., Greenwich, CT  06830
  203-863-4375
  Website:  www.greenwichhospital.org

• JEWISH FAMILY SERVICES OF GREENWICH
  1 Holly Hill Lane, Greenwich, CT 06830
  203-622-1881
  Website:  www.jfsgreenwich.org
  Email: mail@jfsgreenwich.org

• JEWISH FAMILY SERVICE OF STAMFORD
  733 Summer Street, Stamford, CT 06901
  203-921-4161
  Website:  www.ctjfs.org
  Email: info@ctjfs.org

• NATIONAL MULTIPLE SCLEROSIS SOCIETY
  Greenwich Support Group
  125 Greenwich Ave., Greenwich, CT  06830
  203-629-7053

• PARKINSON’S DISEASE SUPPORT GROUP/Edgehill
  Edgehill, Benchmark Community, 122 Palmer Hill Road, Stamford, CT 06902
  203-323-2323
  Website:  www.edgehillcommunity.com

• PARKINSON’S DISEASE SUPPORT GROUP/GREENWICH HOSPITAL
  203-863-3000
  Website:  www.greenwichhospital.org

• PROSTATE CANCER SUPPORT GROUP/GREENWICH HOSPITAL
  203-863-3000
  Website:  www.greenwichhospital.org

• SELF HELP GROUPS
  Alcoholics Anonymous:  866-783-7712
  Cocaine Anonymous:  800-347-8998
  Narcotics Anonymous:  800-627-3543
  Gamblers Anonymous:  800-346-6238

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**TAX PREPARATION**

• AARP - INCOME TAX ASSISTANCE PROGRAM
  Greenwich Town Hall, 101 Field Point Road, Greenwich, CT 06830
  203-622-7700
  Website:  www.greenwichct.org
- **IRS-INERNAL REVENUE SERVICE**
  800-829-1040
  Website: [www.irs.gov](http://www.irs.gov)

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**TAX RELIEF & ASSISTANCE**

- **SENIOR HOMEOWNERS' TAX RELIEF ACT (State Program)**
  Assessor’s Office
  Town Hall, 101 Field Point Road, Greenwich, CT 06830
  203-622-7885
  Website: [www.greenwichct.org](http://www.greenwichct.org)
  Website: [www.opm.state.ct.us](http://www.opm.state.ct.us)
  Applicants must file between February 1st and May 15th.

- **SENIOR PROPERTY TAX RELIEF (Town Program)**
  Assessor’s Office
  Town Hall, 101 Field Point Road, Greenwich, CT 06830
  203-622-7885
  Website: [www.greenwichct.org](http://www.greenwichct.org)
  Applicants must file between February 1st and May 15th.

- **VETERAN’S TAX EXEMPTION**
  Town Hall, Tax Assessor’s Office, Greenwich CT 06830
  203-622-7885
  Website: [www.greenwichct.org](http://www.greenwichct.org)

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**TRANSPORTATION**

- **AAA**
  1101 High Ridge Rd. Stamford, CT 06905
  203-388-2189

- **ACCESS AMBULANCE COMPANY, INC.**
  1111 East Putnam Avenue, Riverside, CT 06878
  203-637-2351

- **AMTRACK TRAINS**
  800-USA-RAILS
  Website: [www.amtrak.com/home](http://www.amtrak.com/home)
• CALL-A-RIDE
  37 Lafayette Place, Greenwich, CT 06830
  203-661-6633

• CONNECTICUT LIMOUSINE SERVICE
  1-800- 472-5466

• CONNECTICUT TRANSIT BUS SERVICE
  203-327-7433

• DEPARTMENT OF MOTOR VEHICLE (DMV)
  540 Main Street, Norwalk, CT 06851
  860-263-5700

• DEPARTMENT OF MOTOR VEHICLE (DMV)
  Stamford Photo License Center
  137 Henry Street, Stamford, CT 06902
  By appointment only
  Website: www.ct.gov/dmv/Stamford

• GO AIRPORT SHUTTLE CONNECTICUT
  45 Connair Rd., Orange, CT 06477
  1-866-284-3247
  Website: www.2theairport.com

• GREENWICH EMERGENCY MEDICAL SERVICE (GEMS)
  Emergency - call 911
  1111 East Putnam Avenue, Riverside, CT 06878
  Administrative business: 203-637-7505

• GREENWICH SENIOR CENTER- Transportation “To-From” Senior Center
  Greenwich Senior Center, 299 Greenwich Ave, Greenwich, CT 06830
  203-862-6700
  Website: www.greenwichct.org

• HANDICAP PARKING PERMITS
  860-263-5154
  Website: www.dmvct.org

  Mail: Department of Motor Vehicles
  Handicapped Permit Unit
  60 State Street
  Wethersfield, CT 06161
  Email: dmv.hpapp@ct.gov

• A Special Permit Application and Impairment Certificate (B-225) can be certified by any one of the following:
  A Physician, A Physician’s Assistant, An Advance Practice Registered Nurse (APRN)
In the case of blindness, the following can certify:
An Optometrist, An Ophthalmologist, A member of the Connecticut Board of Services and Education for the Blind

NOTE: In lieu of certification, DMV will accept a VA disability certificate for blindness, amputation of legs or arms, or loss of use of legs or arms, traumatic brain injury, paraplegic and hemiplegic disabilities.

NORWALK TRANSIT DISTRICT (PUBLIC BUS & EASY ACCESS)
275 Wilson Avenue, Norwalk, CT 06854
203-852-0000
Website: www.norwalktransit.com
Email: info@norwalktransit.com

RAILROAD METRO-NORTH
800-872-7245
Website: www.mta.info/mnr

SHARE-THE-FARE TAXI PROGRAM – Reduced Fare Taxi Voucher Program
Greenwich Commission on Aging
299 Greenwich Avenue, Greenwich, CT 06830
203-862-6710
Website: www.greenwichct.org

TAG (TRANSPORTATION ASSOCIATION OF GREENWICH) DIAL-A-RIDE
13 Riverside Avenue, Riverside, CT 06878
203-637-4345
Website: www.ridetag.org
Email: admin@ridetag.org

TRANSPORTATION SERVICES - MEDICAL

ACCESS AMBULANCE COMPANY, INC.
1111 East Putnam Avenue, Riverside, CT 06878
203-637-2351

GREENWICH EMERGENCY MEDICAL SERVICE (GEMS)
Emergency - call 911
1111 East Putnam Avenue, Riverside, CT 06878
Administrative business: 203-637-7505
VETERAN’S SERVICES

- **AMERICAN RED CROSS**
  99 Indian Field Road, Greenwich, CT 06830
  203-869-8444

- **AMERICAN RED CROSS- CONNECTICUT**
  209 Farmington Avenue, Farmington, CT 06032
  877-287-3327 203-655-2586
  Website: [www.redcross.org/local/ct](http://www.redcross.org/local/ct)

- **CT DEPARTMENT OF VETERANS AFFAIRS – OFFICE OF ADVOCACY & ASSISTANCE**
  287 West Street, Rocky Hill, CT 06067
  860-616-3683, 3684,
  Website: [www.ct.gov/ctva](http://www.ct.gov/ctva)

- **THE SGT. JOHN L. LEVITOW VETERAN’S HEALTH CENTER**
  287 West Street, Rocky Hill, CT 06067
  860-616-3600

- **HOME AND HOSPITAL**
  287 West Street, Rocky Hill, CT 06067
  860-529-2571

- **LEGAL ASSISTANCE FOR MILITARY RETIREES AND DEPENDENTS**
  Naval Legal Service Office
  North Central Groton Dept.
  Box 10 Naval Submarine Base
  New London, CT 06333
  860-694-3741

  Academy Legal Office
  U.S. Coast Guard Academy
  15 Mohegan Avenue
  New London, CT 06333
  860-701-6792

- **STAMFORD VA PRIMARY CARE CLINIC**
  VA CONNECTICUT HEALTHCARE SYSTEM
  1275 Summer Street, Suite #102, Stamford, CT 06905
  203-325-0649
  Website: [www.connecticut.va.gov](http://www.connecticut.va.gov)

- **VA Connecticut Healthcare System**
  950 Campbell Avenue, West Haven, CT 06517
  203-932-5711

- **VETERAN’S TAX EXEMPTION**
  Veterans who file their DD-214 papers with the Town Clerk prior to October 1st of each year will receive a property tax exemption off their assessment of real estate or automobile (if disabled or over 65 years of age and meet an income requirement the exemption will be increased). **Contact the Assessor’s Office for further information 203-622-7885.**
• **U.S. DEPARTMENT OF VETERANS AFFAIRS**  
  450 Main Street, Hartford, CT 06103  
  800-827-1000 (Benefits)  
  800-829-4833 TDD  
  877-222-8387 (Healthcare)  
  800-273-8255 (Crisis Line)

• **U.S. DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER**  
  950 Campbell Avenue, West Haven, CT 06516  
  203-932-5711

• **VETERANS CRISIS LINE**  
  1-800-273-8255 AND PRESS 1  
  Website: [www.VeteransCrisisLine.net](http://www.VeteransCrisisLine.net)  
  or text to 838255

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**VOLUNTEER OPPORTUNITIES**

• **FAMILY CENTERS, INC.**  
  40 Arch Street, Greenwich, Ct 06830  
  203-869-4848  
  Website: [www.familycenters.org](http://www.familycenters.org)

• **GREENWICH COMMISSION ON AGING**  
  299 Greenwich Avenue, Greenwich, CT 06830  
  203-862-6710  
  Website: [www.greenwichct.org](http://www.greenwichct.org)

• **GREENWICH UNITED WAY – READING CHAMPIONS**  
  500 West Putnam Avenue, Suite #415, Greenwich, CT 06830  
  203-869-2221  
  Website: [www.greenwichunitedway.org](http://www.greenwichunitedway.org)  
  Email: [info@greenwichunitedway.org](mailto:info@greenwichunitedway.org)

• **RETIRED SENIOR VOLUNTEER PROGRAM OF S.W. CT (RSVP)**  
  98 South Main Street, Norwalk, CT 06854  
  203-899-2442

• **SCORE (Service Corps of Retired Executives)**  
  111 East Avenue, Norwalk, CT 06851  
  203-831-0065; 203-831-0067  
  Website: [www.score.fairfieldcounty.org](http://www.score.fairfieldcounty.org)

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Many not-for-profit agencies and organizations in the Town of Greenwich offer a variety of volunteer opportunities.
Helping seniors live well
www.athoomeingreenwich.org
203.422.2342

Proud to support the works of the
Greenwich Commission on Aging.

Yale
New Haven
Health
Greenwich
Hospital

Thank you to our
Town Leader
Sponsors!

It began with one family who recognized the Graziano name and
reputation for funeral service. Since then, more and more Greenwich
families have called us in their time of need. Some have come to wakes and
said how beautifully redesigned facilities. Some have come to funerals and
noticed the precision and attention to the smallest details. Some have called
upon us personally and witnessed for the first-hand the sensitivity, compassion and
professionalism that only a 4-generation family owned firm can offer.
Now, many recognize the Graziano name as the most trusted for providing the
finest funeral service in Greenwich.

Because the choices you make matter.
www.coxeandgraziano.com info@coxeanandgraziano.com
134 Hamilton Avenue, Greenwich, CT 203-869-5968

Health Information Center
at Greenwich Library
Blood pressure screenings, health and wellness lectures and
workshops, and much more!
greenwichlibrary.org/health

River House
Adult Day Center
River House improves the quality of life
for aging adults and their caregivers.

Call (203) 622 0079 for more information or visit www.theriverhouse.org
# Greenwich Transportation Guide

<table>
<thead>
<tr>
<th>2018</th>
<th>Type of Service</th>
<th>Hours</th>
<th>Phone</th>
<th>Reservations</th>
<th>Service Area</th>
<th>Clients</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Call-A-Ride</td>
<td>Door to Door</td>
<td>Mon-Fri 9am – 3pm</td>
<td>203-661-6633</td>
<td>By appointment</td>
<td>Greenwich</td>
<td>60+ ambulatory, in Greenwich</td>
<td>None</td>
</tr>
<tr>
<td>Access</td>
<td>Door to Door</td>
<td>24 hours, 7 days a week</td>
<td>203-637-2351</td>
<td>By appointment or immediate request</td>
<td>Greenwich Stamford &amp; beyond by request</td>
<td>Non-emergency medical transportation</td>
<td>Call for fees for Ambulance and Wheelchair</td>
</tr>
<tr>
<td>TAG</td>
<td>Dial-A-Ride</td>
<td>Mon-Sat. 10:00am-5:00pm</td>
<td>203-637-4345</td>
<td>By appointment</td>
<td>Greenwich Stamford Norwalk</td>
<td>If disabled: ambulatory or wheelchair</td>
<td>Call for fees</td>
</tr>
<tr>
<td>Senior Center</td>
<td>Door to Door</td>
<td>Mon-Fri 8:30-10 And 2-330</td>
<td>203-862-6700</td>
<td>Call to schedule daily runs to Senior Center</td>
<td>To and from Greenwich Senior Center only</td>
<td>Senior Center Members</td>
<td>None</td>
</tr>
<tr>
<td>Norwalk</td>
<td>Door to Door</td>
<td>Mon-Sat 8:00am – 5:00pm</td>
<td>Admin. Office 203-852-0000 Ticket sales 203-299-5161</td>
<td>By appointment and scheduled runs</td>
<td>Greenwich-Norwalk, ¾ mile corridor off public bus route</td>
<td>Ambulatory or wheelchair; must be certified</td>
<td>Call for fees</td>
</tr>
<tr>
<td>Transit</td>
<td>Fixed Route</td>
<td>Mon-Fri 5:30am-10:30pm Sat 6:00am-9pm Sun 7:30am-9pm</td>
<td>203-327-7433</td>
<td>Scheduled runs</td>
<td>Stamford-Pt. Chester, Putnam, Sound Beach &amp; Greenwich Avenue</td>
<td>Ambulatory; vehicles can accommodate 3 wheelchairs, no assistance</td>
<td>Call for fees</td>
</tr>
<tr>
<td>Greenwich Taxi</td>
<td>Curb to Curb</td>
<td>Mon-Fri 5am-1:30am Sat-Sun 5am-2:30am</td>
<td>203-869-6000</td>
<td>By appointment</td>
<td>Greenwich</td>
<td>Ambulatory</td>
<td>Call Commission on Aging 203-862-6710 to purchase Taxi Vouchers</td>
</tr>
</tbody>
</table>