Greenwich Community Resource Guide

**Mental Health Services**
- Kids in Crisis - P: 203-611-1911
- F.S. DuBois Center - P: 203-388-1600
- Jewish Family Services - P: 203-622-1881
- Child Guidance Center - P: 203-324-6127

**Physical and Mental Health Services**
- Family Centers Health Care - P: 203-717-7160
- Greenwich Hospital - P: 800-657-8355

**Addiction Services**
- Liberation Programs - P: 1-855-LIB-PROG (542-7764)

**Case Management Services and Financial Assistance**
- Greenwich Department of Human Services - P: 203-622-3800

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**Senior Services**
- Greenwich Commission on Aging - P: 203-862-6710

**Shelter Services**
- 211 Essential Community Services - P: 211

**Food Pantry**
- Neighbor to Neighbor - P: 203-622-9208

**Immigration Services**
- Building One Community - P: 203-674-8585
- CT Institute for Refugees and Immigrants - P: 203-336-0141

**Domestic Violence Services**
- YWCA - P: 203-622-0003

**Additional Social Services Resource**
- Community Centers Inc. - P: 203-869-1276
Additional Resources

**TEXT CRISIS LINE**
In a Crisis?
Text HOME to 741741 to connect
with a Crisis Counselor
Free 24/7 support at your fingertips.

**DMHAS Access Line**
- Substance Help
  1-800-563-4086
  [https://www.ctmentalhealthservices.com/](https://www.ctmentalhealthservices.com/)
- **SAMHSA’s National Helpline**
  1-800-662-HELP (4357)
  AA - Alanon and Alateen
  1-866-STEP512 or 1-866-783-7712
  Narcotics Anonymous (NA)
  1-800-627-3543
  [www.smartrecoveryct.org](http://www.smartrecoveryct.org)

**Youth Mobile Crisis**
211 or 1-800-203-1234

**NATIONAL SUICIDE PREVENTION LIFELINE**
1-800-273-TALK (8255)

**NAMI Southwest CT**
203-400-NAMI (6264)
[https://www.namisouthwestct.org/](https://www.namisouthwestct.org/)

**24-hour Helpline**
203-661-1911
Free confidential help for children, teens
and families who may be struggling.

**Warm Line:**
877-552-8247
Select Prompts 1 & 3
Para español, seleccione el numero 2 & 2
Or 711 for Relay Services
Can connect you with someone who speaks your language.

Monday – Friday 9 a.m. – 5 p.m.