

Greenwich Community Resource Guide

Mental Health Services

Child Guidance Center - P: 203-324-6127

F.S. DuBois Center - P: 203-388-1600

Jewish Family Services - P: 203-622-1881

Kids in Crisis - P: 203-611-1911

Laurel House - P: 203-324-1816

Pathways - P: 203-869-5656

Physical and Mental Health Services

Family Centers Health Care - P: 203-717-7160

Greenwich Hospital - P: 800-657-8355

Addiction Services

Liberation Programs - P: 1-855-LIB-PROG (542-7764)

Case Management Services and Financial Assistance

Greenwich Department of Human Services - P: 203-622-3800

Senior Services

Greenwich Commission on Aging - P: 203-862-6710

Shelter Services

211 Essential Community Services - P: 211

Food Pantry

Neighbor to Neighbor - P: 203-622-9208

Immigration Services

Building One Community - P: 203-674-8585

CT Institute for Refugees and Immigrants - P: 203-336-0141

Domestic Violence Services

YWCA - P: 203-622-0003

Additional Social Services Resource

Community Centers Inc. - P: 203-869-1276

Additional Resources

YOU HAVE OPTIONS

ACTION LINE

1-800-HOPE-135 or 211

(Adult Crisis Telephone Intervention and Options Network)

2.1.1

Youth Mobile Crisis
211 or 1-800-203-1234

Get Connected. Get Help.™

The Hub: Behavioral Health Action
Org. for SW CT: www.thehubct.org/

NATIONAL

SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)

suicidpreventionlifeline.org

 **NAMI Southwest CT**
National Alliance on Mental Illness

203-400-NAMI (6264)

<https://www.namisouthwestct.org/>

24-hour Helpline

203-661-1911

Free confidential help for children, teens
and families who may be struggling.



kidsincrisis.org

Warm Line: 877-552-8247

Select Prompts 1 & 3

Para español, seleccione el numero 2 & 2
Or 711 for Relay Services for Other Languages

Monday - Friday 9 a.m. - 5 p.m.

TEXT CRISIS LINE

In a Crisis?

Text HOME to 741741 to connect
with a Crisis Counselor
Free 24/7 support at your fingertips.



Inclusive, Gender-Affirming,
Sex-Positive Health Care
203-903-8308



Triangle
Community Center

LGBTQIA+ Peer Support,
Youth Groups, Case
Management and More!

(203) 853-0600

The Trevor Project

LGBTQAI+ Youth Crisis Resources

Call 1-866-488-7386

Text 'START' to 678-678

<https://www.thetrevorproject.org/>

CT.gov - CT's Official State Website
For Health and Human Services,
Education, Jobs and
Employment, Public Safety,
and More!



Free Narcan Kits Available
Tuesdays from 10a - 12p
Horseneck Lot
Greenwich, CT

DMHAS Access Line - Substance Help

1-800-563-4086

<https://www.ctmentalhealthservices.com/>

SAMHSA's National Helpline

1-800-662-HELP (4357)

Greenwich C.A.R.E.

Community Agencies for Resiliency and Empowerment

Card Produced by The Greenwich Department of Human Services

