



Department of Parks & Recreation
Recreation Division
101 Field Point Road - Greenwich, CT 06836-2540
Phone: (203) 618-7649 Email: Skatingrink@greenwichct.org



Session II Skating School

Dorothy Hamill Skating Rink

ACTIVITY NUMBER: 41209

DESCRIPTION: Group Ice Skating Lessons

AGES: See Guidelines for Available Programs on Page 3

DATES/TIMES: 8 ½ hour classes beginning **Wednesday, January 2, 2020** to **Tuesday, March 4, 2020**.

LOCATION: Dorothy Hamill Skating Rink, Sue Merz Way

REGISTRATION: Mail in and online registrations begin on December 2, 2019. Online registration is only available to Greenwich Residents. To register online go to: www.greenwichct.gov/webtrac and select "Activity Registration".

Walk in registrations begin on December 9, 2019 at the Dorothy Hamill Skating Rink.

Proof of Greenwich residency is required once each calendar year for all Parks and Recreation programs. The Primary account holder is required to provide two current proofs of Greenwich residence. Acceptable forms of proofs with resident name and Greenwich address are as follows: residential lease, utility bill (Gas, Electric, Water, Oil), phone, internet and/or TV service bill (No Cell/Wireless Phone Bills), credit card or bank statement (No Mortgage Statement) or valid Driver's License or Connecticut State ID card. **ALL participants**, under 25, require a birth certificate or passport on file. **All non-residents must provide identification and proof of address.**

NOTE: Copies of Birth Certificates must accompany registrations for: Mommy Daddy & Me and Snowplow Sam

FEE: The Resident fee is **\$130.00** for 8 weeks, **\$110.00** for each additional sibling enrolled.
The Non Resident fee is **\$150.00** for each participant.

COMMENT: Class fees include four (4) practice sessions and badge testing. A family skating party with refreshments is an added feature held at the end of the session.

Mail form with full payment to:
Department of Parks and Recreation
Attn: Ice Rink
P.O. Box 2540
101 Field Point Road
Greenwich, CT 06836-2540

We accept American Express, Visa, MasterCard and Discover credit cards for resident online registration and at the Dorothy Hamill Skating Rink. There are no refunds and we do not pro-rate fees. Requests for credit will only be considered if received in writing prior to the start of the program. There is a \$15.00 administrative fee for credits and a \$25.00 fee for any returned checks.

Classes for session II begin on Wednesday January 2, 2020 and end Tuesday, March 4, 2020.

Class Schedule 2019-2020

SECTION NUMBER	YOUTH BASIC 1	DAY	CLASS TIME
A1	5 - 15 year olds	WED	3:55 - 4:25 pm
A2	5 - 15 year olds	THU	3:55 - 4:25 pm
A3	5 - 15 year olds	FRI	3:55 - 4:25 pm
A4	5 - 15 year olds	SAT	12:05 - 12:35 pm
A5	5 - 15 year olds	SAT	12:40 - 1:10 pm
A6	5 - 15 year olds	SAT	1:15 - 1:45 pm
B1	YOUTH BASIC 2 5 - 15 year olds	WED	3:55 - 4:25 pm
B2	5 - 15 year olds	THU	3:55 - 4:25 pm
B3	5 - 15 year olds	FRI	4:30 - 5:00 pm
B4	5 - 15 year olds	SAT	12:05 - 12:35 pm
B5	5 - 15 year olds	SAT	12:40 - 1:10 pm
B6	5 - 15 year olds	SAT	1:15 - 1:45 pm
C1	YOUTH BASIC 3 5 - 15 year olds	WED	4:30 - 5:00 pm
C2	5 - 15 year olds	THU	4:30 - 5:00 pm
C3	5 - 15 year olds	SAT	12:05 - 12:35 pm
D1	YOUTH BASIC 4 5 - 15 year olds	THU	4:30 - 5:00 pm
D2	5 - 15 year olds	SAT	12:40 - 1:10 pm
E1	YOUTH BASIC 5 7 - 15 year olds	THU	4:30 - 5:00 pm
E2	7 - 15 year olds	SAT	1:15 - 1:45 pm
F1	YOUTH BASIC 6 7 - 15 year olds	THU	4:30 - 5:00 pm
F2	7 - 15 year olds	SAT	1:15 - 1:45 pm
G1	PRE FREE SKATE 7 - 15 year olds	THU	4:30 - 5:00 pm
G2	7 - 15 year olds	SAT	12:40 - 1:10 pm
H1	BRIDGE PROGRAM Basic 6 – Freestyle 8	THU	5:00 – 5:30 pm
S1	SNOWPLOW SAM 1 4-5 year olds	MON	12:45-1:15 pm
S2	4-5 year olds	WED	4:30-5:00 pm
S3	4-5 year olds	THU	3:55-4:25 pm
S4	4-5 year olds	THU	4:30-5:00 pm
S5	4-5 year olds	FRI	12:45-1:15pm
S6	4-5 year olds	SAT	12:05 - 12:35 pm
S7	4-5 year olds	SAT	12:40 - 1:10 pm
S8	4-5 year olds	SAT	1:15 - 1:45 pm
SA	SNOWPLOW SAM 2&3 4-5 year olds	MON	12:45-1:15 pm
SB	4-5 year olds	THU	3:55-4:25 pm
SC	4-5 year olds	THU	4:30-5:00 pm
SD	4-5 year olds	FRI	12:45-1:15pm
SE	4-5 year olds	SAT	12:05 - 12:35 pm
SF	4-5 year olds	SAT	12:40 - 1:10 pm
SG	4-5 year olds	SAT	1:15 - 1:45 pm
1A	ADULT BASIC 1 & 2 16 years and up	DAY SAT	CLASS TIME 12:05 - 12:35 pm
2A	ADULT BASIC 3 & 4 16 years and up	DAY SAT	CLASS TIME 12:40 - 1:10 pm
3A	16 years and up	TUE	8:00 – 8:30 pm
M1	Mommy, Daddy & Me 3-4 year olds	Day Wed	CLASS TIME 12:45 – 1:15 pm

SKATING SCHOOL AVAILABLE PROGRAMS

Mommy, Daddy & Me	This class is open to children ages 3 & 4; each child must be accompanied on the ice with a parent or other adult relative or "sitter" who skates. This is strictly a beginner class. Children must be three years old on the first day of class. Children must exhibit capability to function in this class. It will be provided on Wednesdays from 12:45-1:15 to provide a quiet atmosphere on the ice. (No makeup classes available)
Snowplow Sam	Classes are open for children ages 4 & 5. Children must be 4 years old before _____. There are two levels; Snowplow Sam 1 is for children who have never been on the ice, Snowplow Sam 2/3 is for children who have been on the ice before and have good forward movement.
Youth	This class is open for ages 5-15 years. The classes will follow U.S.F.S.A badge programs and teach the students the fundamental skills for each level of skating. Children must pass each level to continue to the next. Please see requirements to pass each skill level on the next page.
Bridge	This program is designed to teach students who have achieved a skating a skating level of Basic 6 through Freestyle 8, at a faster pace and in a group lesson environment. Each student will be introduced to skills such as; proper stretching techniques, edge to power skating, intro to moves in the field, into to ice dancing and more!
Adults	These classes are offered for ages 16+. Adult classes will follow the U.S.F.S.A badge programs for classes offered in basic skating, dance, patch and freestyle.

REQUIREMENTS TO PASS EACH SKILL LEVEL

Basic 1	Sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles (6-8 in a row), backward wiggles (6-8 in a row), snowplow stop, two-foot hop in place (optional).
Basic 2	Scooter pushes- right and left, forward one-foot glides- right and left, backward two-foot glides- right and left, rocking horse, backward swizzles (6-8 in a row), two-foot turns from forward or backward in place clockwise and counterclockwise
Basic 3	Forward stroking- showing correct use of blade, forward ½ swizzle pumps or a circle (6-8 consecutive clockwise or counterclockwise), moving forward to backward two-foot turn (clockwise and counterclockwise), backward one-foot glides (focus on balance), backward snowplow stop (right and left), forward slalom.
Basic 4	Forward outside edge on a circle (right and left), forward inside edge on a circle (right and left), forward crossovers (clockwise and counterclockwise), backward ½ swizzle pumps on a circle (clockwise and counterclockwise), beginning one-foot glides (right and left), beginning two-foot spins (up to two revolutions).
Basic 5	Backward outside-edge on a circle (right and left), Backward inside edge on a circle (right and left), backward crossovers (clockwise and counterclockwise), forward outside three-turn (right and left), advanced two-foot spin (4-6), hockey stop (both directions).
Basic 6	Forward inside three turn (right and left), moving backward to forward two-foot turn on a circle (clockwise and counter-clockwise), backward stroking, beginning one-foot spin (2-4 revolutions), T-stops (right and left), Bunny hop, forward spiral on a straight line (right).
Pre-Free Skate Combination of Basic 7 and 8	Forward inside open Mohawk from a standstill position (right to left and left to right), backward outside edge to forward outside edge transition on a circle (right or left), backward crossovers to a backward outside edge glide (landing position- clockwise and counter-clockwise), combinations move: forward crossovers (2) into forward inside Mohawk, cross behind, step into backward crossover (1), and step to forward inside edge (repeat 3 times- clockwise and counter- clockwise), one-foot upright spin (optional entry and free foot position- minimum 3 revolutions), waltz jump, mazurka (right or left).



Program Registration (please print)

Program Name _____ Activity # _____ Section(s) # _____

Participant's Name _____ Gender (M/F) _____

Address _____ Town _____ Zip Code _____

Birth Date _____ Age _____ Grade _____ School _____

Instrument: _____

Parent/Guardian _____ e-mail _____

Home Phone _____ Work Phone _____ Cell _____

In case of emergency notify the following:

Name _____ Phone _____ Relationship: _____

List Physical Restriction(s): _____

INDEMNIFICATION AND RELEASE

THIS IS A LEGALLY BINDING DOCUMENT. DO NOT SIGN IT UNTIL YOU HAVE READ THE CONTENTS HEREOF AND UNDERSTAND THE SAME. IF YOU ARE IN DOUBT, CONSULT AN ATTORNEY PRIOR TO SIGNING THIS DOCUMENT.

The Undersigned (hereinafter referring to myself, my minor children or charges, my heirs and assigns) hereby agree(s) to assume all risk and bear all responsibility and to indemnify and hold the TOWN OF GREENWICH, its agents, representatives, servants, officers, and employees, harmless from and against any and all claims, demands, suits, proceedings, liabilities, judgments, awards, losses, damages arising out of injuries to any persons or property, including any and all costs and expenses incurred in the defense of such claims, demands, suits and proceedings including court costs and attorneys' fees resulting from, arising out of, or in any way related to or connected with my/our participation in the _____ program sponsored by the Town of Greenwich/use of Town of Greenwich property/facilities/apparatus or equipment thereof.

The Undersigned, does forever discharge the Town of Greenwich, its agents, representatives, servants, officers and employees from any and all claims including claims of negligence or carelessness, alleging damages and any and all causes of action which the Undersigned may have or may hereafter have, arising out of, related to, or in any manner connected with injuries or damages the Undersigned may sustain by reason of my participation in the above-described program or use of the Town of Greenwich property, facilities, apparatus or equipment.

The Undersigned, the participant or parent/guardian of the above named person, who participates in programs organized by the Town of Greenwich Department of Parks and Recreation, assumes all risks and hazards incidental to the conduct of the activity and transportation to and from the activity. I am aware that participating in any recreational program can be a dangerous activity involving many risks of injury. I further understand there is inherent risk associated with the(se) activity (ies) and authorize emergency medical treatment and transportation in my absence.

Dated at Greenwich, Connecticut, this _____ day of _____ 201__.

Signature of Participant or Parent or Guardian for participants under 18 years of age:

Music and Art Program is administered by the Parks and Recreation Department, which is a municipal department of the Town of Greenwich, and therefore exempt from licensing with the Office of Early Childhood (OEC) of the State of CT.

OFFICE USE ONLY				
HH # _____	Check # _____	Receipt # _____	Proof _____	Initials _____