

## **MINUTES**

### **Board of Health Meeting**

**October 29, 2018**

**Present:** Dr. Marilyn Ross Cahn; PA-C Maryann Ramos;  
Dr. Mark Armstrong; Dr. Andrew Bronin, Julia Chiappetta;

**Guests:** Daniel Warzoha, Emergency Management Director

**Staff:** Caroline Baisley; Joanna Lipson; Linda Conti; Jeannie Schnakenberg

**Absent:** Robert Carangelo, Esq.; Vick Sandhu, Esq.

Dr. Cahn called the meeting to order at 6:35 PM.

#### **Minutes**

The minutes of the September 25, 2018 meeting were approved unanimously.

**(Motion: Armstrong / Second: Ramos / Vote: 4 in favor – 0 opposed – 1 abstention)**

#### **Local Emergency Management Update:**

Mr. Warzoha offered the following:

- The September power outage in Greenwich had a significant impact on the community, over 50% of the town was affected.
- A large regional exercise was held in Fairfield, CT at the end of September. The objective of the exercise was post disaster financial management and recovery.
- The CT Department of Emergency Management and Homeland Security officials completed the Town's Emergency Management Performance Grant audit with favorable results.

#### **Oral Systemic Connection Presentation**

Ms. Conti and Ms. Schnakenberg, the Department's Dental Hygienists, offered the following information to the Board:

- There is a significant link between oral health and overall systemic health.
- Research has shown that the primary connection between oral health and overall systemic health is inflammation.
- Periodontal disease is associated with a significant increase in risk of cerebrovascular disease and more than 75% of Americans have moderate to advanced periodontal disease.

- Other diseases associated with gum disease include diabetes, osteoporosis, pneumonia, stroke and cancer.
- The stages of gum disease include gingivitis, periodontitis and advanced periodontitis.
- To prevent gum disease, it is important to see a dental hygienist and a dentist regularly, have proper technique when brushing teeth, floss regularly and use an antibacterial rinse daily.

Ms. Conti and Ms. Schnakenberg explained that this presentation was offered to the public as a collaborative effort between the Department of Health and Greenwich Hospital. The event was well attended and received.

#### **Board of Health (BOH) 2019 Meeting Schedule**

The Director of Health requested a review of the Board of Health 2019 proposed meeting schedule so it can be finalized and posted on the Town's Website. All Board members agreed to review the schedule and get back to the Director of Health with any issues.

#### **Other Business**

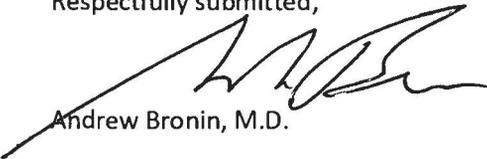
The Director informed the Board that the 2019-2020 BET Budget Guidelines were distributed to all Town Departments and the BOH Budget Committee who will meet with the Director in next couple of weeks to review the Department's proposed FY 19/20 Budget. Ms. Baisley stated that proposing a budget that adheres to the BET budget guidelines of 0 to 1% increase over this year's budget will be very challenging and almost impossible.

Dr. Cahn announced that this year's flu season is underway with positive influenza cases reported in the State of Connecticut including two deaths. She also reported that the Department's flu vaccination campaign is nearing conclusion with well over one thousand vaccinations administered to date.

Lastly, Dr. Cahn announced the resignation of Dr. Armstrong from the Board of Health. The Board and the Director of Health expressed gratitude for Dr. Armstrong's service on the Board of Health and wished him best of luck in his next endeavor.

There being no further business, Dr. Cahn moved to adjourn the meeting at 7:35 PM.  
**(Motion: Ramos / Second: Armstrong /Vote: Unanimous – 4 in favor - 0 opposed)**

Respectfully submitted,

  
Andrew Bronin, M.D.