First Selectman's Youth Commission Meeting Minutes

January 8th, 2019

In attendance: Grace Thompson, Scott Gibbons, Charlie Ciporin, Bennett Hawley, Mark Chen, Katherine Santoro, Olivia Schnur, Stephanie Browder, Emma Kate Smith, Izzy Kalb, Nikhil Jaiswal, Samuel Arkongold, and Tommy Kimberlin.

Absent: Mackenna Goeller, Jamyva Layout, Jamaya Lagout, Andrea Jemiolo, Harry Kilberg, and Gigi Jervis.

Old Business - Updates

- Approval of Minutes (November 12, 2018)
 - Motion to Vote: Scott Gibbons
 - Seconded: Charlie Ciporin
 - Approved: 14 / Denied: 0 / Tabled: 0
- Executive committee encourages delegates to submit project proposals
 - General message to the board
- New FSYC Application and Selection process: Executive Committee
 - Introduced to the board
 - Board decides to roll out the new application
 - Discussion of the selection process
 - Interviews and application review
 - Seniors to review applicants
 - Interviews
 - To be conducted during work sessions
 - 1:1 interviews with seniors and applicants
 - Motion to Vote on the application and selection process: Scott Gibbons
 - Seconded: Charlie Ciporin
 - Approved: 14 / Denied: 0 / Tabled:
- Review of Online Suggestion Box: Izzy Kalb
 - No updates
 - Proposal to re-publicize the suggestion box via email
 - Scott Gibbons brings up the idea outreach messages should be different for each school
 - Executive commission will work on outreach methods
 - Bennett propose that board reaches out to those who have already used the suggestion box
 - Grace Thompson proposes a newsletter
 - Board discusses the suggestion left by students from GHS concerning the creation of a teen center
 - Delegate from GHS discussed the issue with the teacher in charge of the students who proposed the teen centers.
 - Teacher wished that the Board had contacted the students
 - The board acknowledges that the students never left contact information
 - Additionally, suggestions concerning teen spaces centered around a want to party without security, a suggestion that was deemed inappropriate for the youth commission to act on.
- Diversity Conference Update: Charlie Ciporin
 - General outline of the diversity conference
 - Facilitators need for the mixed race and middle eastern affinity groups
 - Mark Chen has a recommendation for a middle eastern facilitator
 - Olivia Schnur volunteers to be the mixed race facilitator if another cannot be found.
 - There will be one last meeting of the organizing group to finalize the facilitator training which will be on a date to be decided
 - Posters and announcements will be made
- Discussion of the Youth Survey Data: Nikhil Jaiswal
 - Mainly focused on drug use and mental health
 - Presentation said that drug use across different types was up
 - Another piece of information was that parents have a large impact on teen drug use

- Need in the community for parents to communicate with their kids
- Proposal for a presentation for parents
 - Similar to the Chasing the Dragon movie but less serious and more targeted to kids
- Drug Prevention subcommittee will work on a presentation

Attendance Policy

- Discussion will be moved to next meeting
- FSYC Shirts
 - Discussion moved to next meeting
 - **Observatory Subcommittee: Tommy Kimberlin**
 - Tommy will communicate with the astronomical society
 - Danielle has really helped get communication from the town risk manager
 - Working on a getting written statement from the risk manager concerning the fact that there are no time restrictions
- Mental Health Subcommittee: Mark Chen
 - Has created a mental health survey in order gather information
 - Survey has already been approved
 - Subcommittee will not be formed
 - Methods for how the survey will be distributed TBD
- Alma Rutgers Defining Diversity Writing Contest: Danielle Jean-Guillaume Sittol
 - Would like delegates to share the contest with schools
- Additional news
 - Kids In Crisis would like the board to invite a Teen Talk Counselor to a meeting to discuss mental health

Adjourn Meeting:

Motion: Charlie Ciporin

• Seconded: Tommy Kimberlin

Meeting Adjourned: 8:21pm

Next Work Session: Tuesday, January 22, 2019 **Full board meeting:** Tuesday, February 11, 2019